

Swimming Lessons Policies and Procedures

Swimming Essentials

Students should come prepared for class with the following:

- Towel
- Bathing Suit
- Sunscreen

Goggles are optional. All students must be in appropriate bathing suits; no cut-offs are allowed. Children requiring the use of diapers during normal activities must wear disposable swim diapers while using University recreational facilities. Please do not dispose of diapers in trash cans on the deck, they must be disposed of in the locker room.

Refund

Full refund one week prior to first class; \$25 processing fee through second class. No refunds thereafter. NO EXCEPTIONS!

Weather Cancellation

Land based rainy day activities will be offered for first weather cancellation. Only one water make-up day offered per session. Make-up days will be held on Fridays. There are no make-up classes if participant is unable to attend a class.

Payment

Payment is due in full at time of registration. FGCU students, faculty, staff and alumni receive a \$10 discount per class with FGCU ID. Online registration and credit card payment now available. Registration also available in the Aquatics Center office, 11a-7p Monday through Friday payment by cash or check only.

Notice!

- Minimum of three participants needed to avoid class cancellation.
- Students are placed in groups based on age and then separated according to ability.
- Children should use the restroom BEFORE the start of their lesson.
- No children are allowed in the pool before or after their scheduled class.
- Parents must remain in the water at all times with Water Baby and Water Toddler level students.
- Parental interaction from the deck with students should be kept at a minimum as this is distracting to both the student and the instructor.
- If a student for any reason needs to be excused during a session, the parent is responsible for escorting the child from the pool.

Questions? Call: (239) 590-7700 or visit: www.fgcu.edu/Aquatics/swim_lessons.html Individuals who require reasonable accommodations in order to participate, must notify the Office of Instructional Equity Compliance at least 5 days prior to the event by calling 239-590-7405, 800-590-3428 or call via The Florida Relay at 711

+ American Red Cross + Swim Lesson Program Fall 2009



www.fgcu.edu/aquatics (239) 590-7700
aquatics@fgcu.edu

Swim Class Schedules

Day	Class	Time	Cost
Mon./Wed.	AM	<i>No morning classes scheduled</i>	
	PM	5:00 - 5:30 PM	Water Babies \$58 per session
		5:40 - 6:10PM	Preschool \$58 per session
		6:20 - 6:50 PM	Preschool \$58 per session
		7:00 - 7:40 PM	Youth \$66 per session
Tue./Thur.	AM	9:30 - 10:00 AM	Water Babies \$58 per session
		10:10 - 10:40 AM	Preschool \$58 per session
		10:50 - 11:20 AM	Water Toddlers \$58 per session
		11:30 - 12:00 PM	Preschool \$58 per session
	PM	5:00 - 5:30 PM	Water Toddlers \$58 per session
		5:40 - 6:10 PM	Preschool \$58 per session
		6:20 - 6:50 PM	Preschool \$58 per session
		7:00 - 7:40 PM	Youth \$66 per session
Sunday	AM	9:00 - 9:40 AM	Youth \$57 for Sunday
		9:00 - 9:30 AM	Preschool \$51 for Sunday
		9:40 - 10:10 AM	Water Babies \$51 for Sunday
		9:40 - 10:10 AM	Preschool \$51 for Sunday
		10:20 - 10:50 AM	Water Toddlers \$51 for Sunday
		10:20 - 10:50 AM	Preschool \$51 for Sunday
		11:00 - 11:30 AM	Preschool \$51 for Sunday
		11:00 - 11:40 AM	Youth \$57 for Sunday

REGISTER ONLINE NOW!

Registration Begins August 10, 2009. Online registration preferred. Visit http://www.fgcu.edu/Aquatics/swim_lessons.html. Credit cards accepted online only. See reverse side for complete payment and policy details.

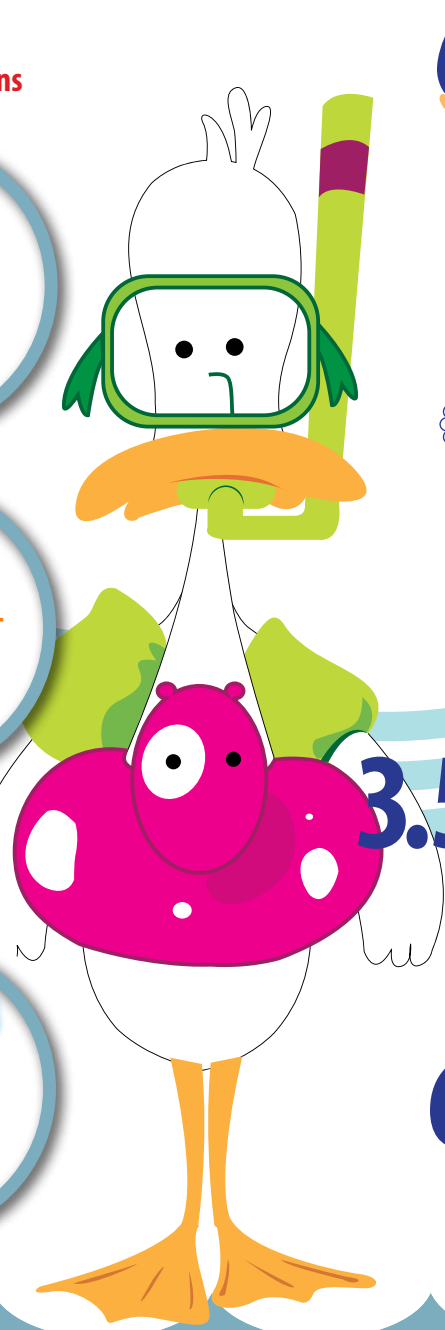
Weekday Sessions 8 Classes

Session 1
August 31 -
September 25
(No class Sept. 7,
makeup Sept. 11)

Session 2
September 28 -
October 15

**Sunday Sessions
6 Classes**

Sundays
August 30 -
October 11
(No class Sept. 20)



Water Babies Parent & Child Aquatics - 30 min.

For participants 6 months to 23 months. Parent is in the water with the child and focus is on comfort level and water adjustment of the child.



Water Toddlers Parent & Child Aquatics - 30 min.

For participants 24 months to 3 years 5 months. Parent is in the water with the child and focus is on comfort level and water adjustment of the child.

3.5+

Preschool Aquatics - 30 min.

For children age 3 years 6 months to 5 years 11 months. Focus is on water adjustment and beginning skills.

6+

Youth Learn to Swim - 40 min.

For children age 6 years to 16 years. Focus is on endurance and stroke development.