

**Florida Gulf Coast University/Department of Physical Therapy**  
**B.S. in Human Performance**  
**5+ Semesters (120 Credit Hours)**

TRACK	Fall 1	Spring 1	Summer 1	Fall 2	Spring 2	
<b>I Foundational Sciences (All)</b>	PHT 3176C Movement Science I (UG) (8 credits)  <b>AND</b> APK 3312 Pharmacology & Ergo Aids (2 credits)	PHT 3177C Movement Science II (UG) (5 credits)	APK 4110L Applied Exercise Physiology (3 credits)	APK 4123 Human Performance and Energy Supplies (2 credits) <b>Online</b>	APK 4112 Sports Psych (3 credits)  <b>Online</b>	23 credits
<b>II Physical Perform. Practice Series &amp; Electives</b>	APK 3004C Foundations of Health Related Physical Fitness (3 credits)	APK 4125C Fitness Assessment & Exercise Prescription (3 credits)	APK 4113C Advanced Methods of Strength & Conditioning (3 credits)	APK 4112L Environmental Exercise Physiology (3 credits)	APK4120C Clinical Exercise Physiology (3 credits)	15 credits
<b>III Professional Development Seminar</b>		IHS 3101 - Core Shaping Health Care in the 21 <sup>st</sup> Century (3 credits)  IHS 3203 - Core Management and Leadership in Health Care Organizations (3 credits) <b>Online</b>			APK 4930 PDS II – Preparation for Entering and Growing in the Profession (1 credit) <b>Online</b>  IDS 3920 - Core University Colloquium (3 credits)	10 credits
<b>IV Applications in Human Performance (All)</b>				APK 4941L Experiential Learning I (PP) Full semester (4 credits)  IHS 4504 - Core Research Methods and Application to Health Care Systems (3 credits)	IHS 4938 Core – Senior Seminar <b>Online</b> (3 credits)  <b>AND</b> APK 4948L Experiential Learning II Full semester (2 credits)	12 credits
Semester Totals:	13 credits	14 credits	6 credits	12 credits	15 credits	60 credits

- APK 2930 Selected Topics – Topics in Human Performance
- PET 3930 Selected Topics – Topics in Human Performance