

# WELCOME LETTER!

Dear Fall 2008 Applicant,

We thank you for your interest in the Department of Physical Therapy and Human Performance at Florida Gulf Coast University. This letter is provided to guide you through the application process.

The Department of Physical Therapy and Human Performance offers an eight-semester program culminating in a post-baccalaureate Entry-Level Doctor of Physical Therapy degree (DPT). The program consists of 115 semester credit hours at the graduate level. Students enter the Doctor of Physical Therapy Program in the Fall of each year.

Students are required to earn a baccalaureate degree from a regionally accredited institution, and to complete all of the Florida State University System (SUS) Common Prerequisite Courses for Physical Therapy prior to entering the program. The SUS Common Prerequisite Courses for Physical Therapy are outlined on the enclosed fact sheet. Contact the Department of Physical Therapy and Human Performance (239-590-7530) if you have questions about these requirements. Only those students who demonstrate that they will complete the baccalaureate degree and all of the common prerequisite coursework by the end of the summer semester for the year in which the application is made are considered for admission to the Program. If an applicant is denied admission based on failure to complete requirements, the applicant may reapply when requirements are completed.

Begin now to make requests to all of your previous institution(s) of higher education to have your transcripts forwarded to you (see transcript request form). The Physical Therapy Program conducts a competitive admissions process. For priority consideration, all application materials must be received by January 15<sup>th</sup> of the year in which entry is sought. Application materials received after January 15<sup>th</sup> will be considered on a space available basis. Admissions decisions are made based on materials and coursework completed at the time of the application.

The Department of Physical Therapy and Human Performance Admissions and Recruitment Committee reviews all completed applications. Applicants meeting minimum criteria for admission to the Program are invited for individual interviews. You will be notified of your specific interview date and time.

Applicants meeting all minimum admissions criteria are rank ordered to select the top-qualifying applicants. Written notification of the applicant's admission status will be mailed to the applicant. Enrollment is limited; therefore, all qualified applicants may not be admitted.

Requested application materials and a fact sheet that includes prerequisite information are enclosed. Please call the Department of Physical Therapy at (239) 590-7530 for additional information or assistance. Feel free to take a look at our website: <http://www.fgcu.edu/chp/pt> for further information about the Program, faculty and students. We look forward to hearing from you!

Sincerely,

Sharon Irish Bevins, PhD, PT  
Chair and Associate Professor  
Department of Physical Therapy and Human Performance

Enclosures:

- ◇ *Physical Therapy Program Information Sheet*
- ◇ *Physical Therapy Portfolio Development Guidelines*
- ◇ *Validation of Physical Therapy Shadowing Experience form*
- ◇ *Prerequisite GPA Calculation Sheet*
- ◇ *Physical Therapy Admissions Checklist*
- ◇ *Immunization Requirements Information Sheet*
- ◇ *Essential Functions*



# College of Health Professions Graduate

2008-2009 Catalog Year  
239-590-7530  
[www.fgcu.edu/chp/pt](http://www.fgcu.edu/chp/pt)

## PHYSICAL THERAPY (D.P.T.)

Department of Physical Therapy and Human Performance

### Program Accreditation

The Physical Therapy program has been granted Accreditation status by the Commission on Accreditation in Physical Therapy Education of the American Physical Therapy Association.

### Admission Process

Students are admitted to the Doctor of Physical Therapy Program in the Fall of each year. Application information and forms are available from the Department of Physical Therapy and Human Performance or on our website at [www.fgcu.edu/chp/pt](http://www.fgcu.edu/chp/pt). For priority consideration, all application materials must be received by January 15th of the year in which entry is sought. Application materials received after January 15th will be considered on a space available basis. Admissions decisions are made based on materials and coursework completed at the time of the application.

### Admission Requirements

The Department of Physical Therapy and Human Performance conducts a competitive admissions process. The following are the minimum requirements for admission to the entry-level physical therapy program. (Please note that meeting the minimum requirements for admission does not guarantee admission to the Physical Therapy program.) All applicants must have:

- 1) A baccalaureate degree from a regionally accredited college or university. Applicants may complete a baccalaureate degree in any field. The following undergraduate majors at FGCU may be the most congruent with the required physical therapy prerequisite courses: (a) BS in Athletic Training (b) BS in Human Performance (c) BS in Health Science; (d) BS in Liberal Studies, biology major, with pre-physical therapy elective options
- 2) Achieved a GPA calculated for all prerequisite courses (for courses completed at the time of application) of at least 3.20 (on a 0 to 4 scale)
- 3) Achieved a GPA for all upper division coursework (for courses completed at the time of application) of at least 3.00 (on a 0 to 4 scale)
- 4) A minimum score of 4.0 on the Analytical portion of the Graduate Record Examination (GRE) and a minimum total Quantitative-Verbal GRE score of 1000, with a minimum score of 400 on both the Quantitative and Verbal portions of the GRE
- 5) Completion of Interview
  - 6)

- 7) Submission of portfolio, including validation of two physical therapist shadowing experiences of five hours each
- 8) Complete the following prerequisite courses or the equivalent with a grade of C or better (a grade of C- or less is not acceptable).
  - a. BSC 2010C General Biology I w/Lab (4)
  - b. BSC 1085C Anatomy & Physiology I w/Lab (3) or BSC 2011C General Biology II w/Lab (4)
  - c. BSC 1086C Anatomy & Physiology II w/Lab (4)  
Or PCB 2XXX Human Physiology (3)
  - d. CHM 1045C General Chemistry I w/Lab (4)
  - e. CHM 1046C General Chemistry II w/Lab (4)
  - f. PHY 2053C College Physics I w/Lab (4)
  - g. PHY 2054C College Physics II w/Lab (4)
  - h. PSY 2012 General Psychology (3)
  - i. DEP 2004 Principles of Development (3)
  - j. STA 2023 Statistical Methods (3) or STA 2037 Statistics with Calculus (3)

### Degree Requirements

1. Required courses		(105 hrs)
PHT 5109C	Movement Science Foundations I	(8)
PHT 6393C	Movement Science Foundations II	(8)
PHT 6395C	Movement Science Foundations III	(5)
PHT 5XXX	Medical Diagnostics and Pharmacology I- Introduction to Pharmacology and Imaging	(2)
PHT 6XXX	Medical Diagnostics and Pharmacology II- Diagnostic Testing	(3)
PHT 7XXX	Medical Diagnostics and Pharmacology III- Pharmacology	(3)
PHT 7XXX	Medical Diagnostics and Pharmacology IV- Diagnostic Imaging	(3)
PHT 5XXX	Introduction to Physical Therapy Practice	(2)
PHT 6394C	Physical Therapy Practice I	(4)
PHT 6396C	Physical Therapy Practice II	(5)
PHT 6397C	Physical Therapy Practice III	(5)
PHT 6398C	Physical Therapy Practice IV	(7)
PHT 7390C	Physical Therapy Practice V	(7)
PHT 7XXXC	Physical Therapy Practice VI	(2)
PHT 6026	Professional Development Seminar I: Explorations in Physical Therapy	(2)
PHT 6412	Professional Development Seminar II: Communication, Teaching/Learning Throughout the Lifespan	(3)

PHT 6413	Professional Development Seminar III: Sociocultural Influences Throughout the Lifespan (3)
PHT 6527	Professional Development Seminar IV: Management, Leadership, and Entrepreneurship in Health Care (3)
PHT 6XXX	Professional Development Seminar V: Medical Spanish for Physical Therapists (1)
PHT 7528	Professional Development Seminar VI: Legal and Ethical Considerations in Health Care Policy and Practice (3)
PHT 7529	Professional Development Seminar VII: Preparation for Entering & Growing in the Profession (2)
PHT 5XXX	Introductory Clinical Experience (1)
PHT 6822	Clinical Education I (3)
PHT 6941	Clinical Education II (3)
PHT 6XXX	Clinical Education III (3)
PHT 6946	Clinical Education IV (6)
PHT 5XXX	Professional Writing and Literature Review (2)
PHT 6606	Application of Physical Therapy Principles - Critical Inquiry (3)
PHT 6607	Application of Physical Therapy Principles - Applied Critical Inquiry (3)

abilities and behavioral criteria as outlined in the Professional Behaviors Plan.

#### **Additional Graduation Requirements**

- Successfully complete a cumulative personal/professional portfolio.
- Successfully complete all Clinical Education Courses.
- Perform at Entry Level in all Behavioral Criteria of the Professional Behaviors Plan.
- Complete Psychomotor Skills Log.
- Apply for graduation per university guidelines and timeline.
- Meet all FGCU Graduate Student requirements for graduation.

## **2. Restricted Electives (10 hrs)**

Select one of the following:

PHT 6906	Application of Physical Therapy Principles I - Independent Study I (3)
PHT 6971	Application of Physical Therapy Principles I - Independent Research I (3)

Select one of the following:

PHT 6907	Application of Physical Therapy Principles II - Independent Study II (2)
PHT 6972	Application of Physical Therapy Principles II - Independent Research II (2)

Select one of the following:

PHT 7908	Application of Physical Therapy Principles III - Independent Study III (2)
PHT 7973	Application of Physical Therapy Principles III - Independent Research III (2)

Select one of the following:

PHT 7XXX	Application of Physical Therapy Principles IV - Independent Study IV (3)
PHT 7XXX	Application of Physical Therapy Principles IV - Independent Research IV (3)

**TOTAL SEMESTER HOURS REQUIRED 115 HRS**

### **Progression Standards**

- Students must follow a Program of Study approved by the student's faculty advisor.
- Students must receive a grade of "B" ("S" if applicable) or better on all courses within the program curriculum.
- A minimum cumulative GPA of 3.0 is required for all coursework taken in the Physical Therapy curriculum.
- A student must perform at the appropriate level of generic

# ADMISSION PORTFOLIO DEVELOPMENT GUIDELINES

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*These guidelines are designed to assist you in developing an application portfolio that represents your best attributes to the Department of Physical Therapy Admissions and Recruitment Committee. Please note that only completed application portfolios are sent forward to the Department of Physical Therapy Admissions and Recruitment Committee. Write your name and social security number at the top of every item submitted. All writing in the portfolio must be your own original work.*

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## 1) COVER SHEET

- Name
- Social Security Number/University Identification Number
- Mailing Address
- Phone Numbers (Home, Work)
- E-mail address

## 2) RESUME *Please include a resume that incorporates the following information:*

### **Educational History**

- Starting with the most recent institution first, list all post-secondary institutions attended (*dates attended, major, degree*)
- List continuing education courses

### **Employment History**

Start with the most recent employer, and for each position held list the following:

- Company/Agency name
- Description of agency (workplace, company, institution)
- Position and Responsibilities
- Length of employment
- Personal contributions to agency (describe significant achievements)
- Describe how this employment experience contributed to your growth

### **Volunteer Activity**

- Agency/Organization name
- Description of agency/organization
- Position and Responsibilities
- Personal contributions to agency (describe significant achievements)
- Describe how this volunteer experience contributed to your growth

### **Achievements**

- Awards/Honors
- Published Material
- Leadership Positions
- Involvement in professional and/or student organizations or honor societies

For sections 3 and 4 please answer each question separately. The total length of your answers for sections 3 and 4 should be no more than 4-6 double-spaced typed pages. These sections must be typed in order to be readily legible.

### **3) Preparation for a career in physical therapy:**

- a. Based on your shadowing experiences:
  - **List** and **discuss** positive characteristics that you observed in physical therapists that you would associate with quality, caring, and professional service. **Explain** why you believe these are important characteristics.
  - The role of a physical therapist encompasses many responsibilities. **List** and **discuss** ten responsibilities of a physical therapist that you observed.
- b. **Summarize** your life experiences that have contributed to your interest in physical therapy as a career.
- c. **Describe** talents, aptitudes, and gifts that you possess and **elucidate** how these will enhance your career in physical therapy.
- d. **Discuss** your previous educational experiences **and** how your goals were met or not met.

### **4) Preparation for becoming a physical therapy student at FGCU:**

There is very little traditional lecture utilized in the FGCU physical therapy curriculum. The Program uses an active, problem-based learning model, with complementary computer-based learning activities.

- a. **Discuss** your experience and/or willingness to participate in active, problem-based learning.
- b. **Discuss** your experience and/or willingness to use technology for learning activities.

### **5) Two completed Validation of Physical Therapy Shadowing Experience forms.**

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## Validation of Physical Therapy Shadowing Experience

Applicant's Name \_\_\_\_\_  
Applicant's Social Security Number \_\_\_\_\_

Dear Clinician:

The objective for the applicant's shadowing experience is direct observation of the various settings and professional responsibilities of a physical therapist. All aspects of the job of a physical therapist are a valuable exposure, from treatment preparation, to communication with other professionals, through service delivery. Volunteer opportunities, while helpful to the applicant, are not the focus of this shadowing experience.

Because of the changing nature of physical therapy practice, it is required that the shadowing experience has occurred within two years of the application date. Florida Gulf Coast University Physical Therapy faculty thank you for your service to the field.

\*\*\*\*\*

Name of facility: \_\_\_\_\_

Name of therapist: \_\_\_\_\_ License #: \_\_\_\_\_

Mailing address of facility: \_\_\_\_\_  
\_\_\_\_\_

Phone number of facility: (\_\_\_\_)\_\_\_\_-\_\_\_\_\_

Type of facility/Client population \_\_\_\_\_

Please validate that the applicant has met the minimum requirement of 5 hours of shadowing experience with you and that the following conditions were met:

- This shadowing experience provided an opportunity for the applicant to observe characteristics of a physical therapist that are associated with quality, caring, and professional service.
- and**
- This shadowing experience provided an opportunity for the applicant to observe a minimum of ten responsibilities of a physical therapist.

Additional comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date(s) of shadowing: \_\_\_\_\_

\_\_\_\_\_  
(Therapist's signature)

\_\_\_\_\_  
Date

FLORIDA GULF COAST UNIVERSITY  
College of Health Professions  
Department of Physical Therapy and Human Performance

The objective for the applicant's shadowing experience is direct observation of the various settings and professional responsibilities of a physical therapist. Volunteer opportunities, while helpful to the applicant, are not the focus of the shadowing experiences.

Instructions for Validation of Physical Therapy Shadowing Experience Form

1. It is the responsibility of each applicant to complete two shadowing experiences, each 5 hours in length, for a total of 10 hours. It is the responsibility of each applicant to locate facilities willing to participate in the shadowing experience. It is recommended that you observe a physical therapist in the activities of examination, evaluation, diagnosis, prognosis, and intervention.
2. Every one of the required 5 hours of the shadowing experience must occur under the supervision of a licensed physical therapist.
3. An applicant must complete one shadowing experience in a hospital outpatient setting, rehabilitation center, sports medicine clinic, or private practice facility. The other shadowing experience must be completed in a hospital inpatient setting, home health setting, nursing home, public school, developmental center, or residential facility for the developmentally disabled. If you are unsure whether a site is appropriate, please call the Florida Gulf Coast University Department of Physical Therapy Admissions and Recruitment Committee representative for clarification (phone: (239) 590-7530; email: tbevins@fgcu.edu).
4. Work experience or school related experiences **cannot** be used for shadowing experiences.
5. Some facilities may require several hours of orientation prior to being allowed to shadow the physical therapist. These hours **cannot** be counted towards the 5-hour shadowing requirement. The applicant may choose to participate in a shadowing experience in a facility with such requirements; however, the applicant must complete 5 hours of shadowing of a physical therapist beyond the orientation requirement.
6. Some facilities may require an applicant to participate in a minimum number of hours, which exceed the Florida Gulf Coast University 5-hour requirement. The applicant may choose to participate in a shadowing experience in a facility with such requirements; however, the additional hours **cannot** be credited towards the 10-hour total requirement.
7. The shadowing experience must be validated by a licensed physical therapist.
8. If the 10 hours of shadowing does not provide enough exposure to physical therapy to answer the portfolio essay questions, you may choose to spend additional shadowing hours with physical therapists. We wish to clarify; however, that any hours in excess of the 10 required hours of shadowing will in no way affect the evaluation of this portion of your portfolio.

# SUS COMMON PREREQUISITES FOR PHYSICAL THERAPY

BSC 2010C	General Biology I with lab *	4 semester hours
BSC X085	Anatomy & Physiology I with lab *	4 semester hours
BSC X086	Anatomy & Physiology II with lab *	4 semester hours
CHM X045C	General Chemistry I with lab	4 semester hours
CHM X046C	General Chemistry II with lab	4 semester hours
PHY X053C	College Physics I with lab **	4 semester hours
PHY X054C	College Physics II with lab **	4 semester hours
PSY X012 or PSY X013	Introductory or General Psychology	3 semester hours
DEP XXXX	Developmental Psychology	3 semester hours
STA 2XXX	Introductory Statistics	3 semester hours

\* These three courses constitute the Program's preferred Biology sequence; however, this sequence may be replaced by the following *sequence*: BSC 2010C (General Biology I with lab, 4 semester hours), BSC 2011C (General Biology II with lab, 4 semester hours), and BSC 2XXX (Human Physiology, 3 semester hours). Also, BSC X093 and BSC X094 may substitute for BSC X085 and BSC X086; and ZOO X010C may substitute for BSC 2011C.

\*\* These two courses constitute the Program's preferred Physics sequence; however, this sequence may be replaced with PHY 2004C (College Physics I with lab, 4 semester hours) and PHY2005C (College Physics II with lab, 4 semester hours).

## Course Substitution Requests:

Requests for all other equivalent substitutions must be made in writing to the Department of Physical Therapy at the time of application. In order to request that a course be accepted as an equivalent to one of the prerequisite requirements, an applicant must submit in writing:

1. Course Substitution Form
2. a copy of the course description from the course catalogue
3. a copy of the course syllabus

FGCU faculty reviews these materials and a decision about course equivalence is made by the faculty of the Department of Physical Therapy. The applicant is notified in writing of the decision.

Use the form on the back of this page to calculate the prerequisite GPA, and submit the form **and** requests for any course substitutions at the same time. However, the Physical Therapy Program reserves the right to determine the validity of any course being suggested by the applicant as equivalent to a prerequisite before admission. Complete page 3, indicating courses in which you are currently enrolled and/or will complete by August of year of application.

# PREREQUISITE GPA CALCULATION SHEET

The following are instructions for calculating the prerequisite grade point average (GPA). These instructions apply to all institutions that use a 4-point scale. Courses in which you earned “Pass/Fail”, “Satisfactory/Unsatisfactory”, or “Incomplete” do not generate grade points, so do not include them in your calculation. Please complete the table below:

1. indicate the institution at which you took the prerequisite course in the column, “College/University”
2. if you have not yet completed a course, add no information to that line and move down to the next course
3. if you have written approval from the Dept. of Physical Therapy at FGCU for a course to serve as an equivalent to one of these prerequisites, write in the course prefix and number for the course being used as the equivalent in the space following the related prerequisite course (for example: ~~BSC 2010C~~ BIO 101), and fill in the appropriate information for the equivalent course
4. indicate the earned semester credit hours for the course in the column, “Credit Hours”
5. indicate the earned letter grade for the course in the column, “Letter Grade”
6. indicate the value of the grade\* for the course in the column, “Grade Value”
7. multiply the number of credit hours by the grade value for that course and place the value of the product in the column, “Grade Points”
8. if a course has a separate credit (and grade) allocation for the lecture and lab, use both lines for that course (lecture on one line and lab on the other). If the lecture and lab are combined in the credit (and grade) allocation, use only the first line
9. add the figures in the column, “Credit Hours” and indicate the total
10. add the figures in the column, “Grade Points” and indicate the total
11. divide the total number of grade points by the total number of credit hours and indicate the “Grade Point Average”

*Grade:	A+	A	A-	AB	B+	B	B-	BC	C+	C	C-	CD	D+	D	D-	DF	F
Value:	4.0	4.0	3.7	3.5	3.3	3.0	2.7	2.5	2.3	2.0	1.7	1.5	1.3	1.0	0.7	0.5	0.0

Special notes: If your institution used a 3.0 or 5.0 scale, a Pass/Fail system, numeric grades such as percentages or points, or uses a quarter instead of semester system, this form does not apply. In these cases the FGCU Office of Admissions, Registration and Records will be asked to determine the GPA, and you do not need to complete this form.

Course (or equivalent)	College/University	Semester/ Year	Credit Hours	Letter Grade	Grade Value	Grade Points
BSC 2010C*						
Lab:						
BSC X085*						
Lab:						
BSC X086*						
Lab						
CHM X045C*						
Lab:						
CHM X046C*						
Lab:						
PHY X053C*						
Lab:						
PHY X054C*						
Lab						
PSY XXXX						
PSY XXXX*						
STA 2XXX						
Totals						
<b>Grade Point Average</b>						

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## COLLEGE/UNIVERSITY RECORD

List all college/university-level courses in which you are ***presently enrolled***.  
 Please note that enrollment in any program is contingent upon you providing official  
 documentation of completion of courses listed as admission requirements.  
 (Attach a separate sheet if necessary.)

Dates of Enrollment	
From	To
Mo./Yr.	Mo./Yr.

Course Title & Course Number	College or University	Sem./Qtr. Hours		

List any college/university-level courses not listed above you ***expect to complete prior to the first class day***.  
 Please note that enrollment in any program is contingent upon you providing  
 official documentation of completion of courses listed as admission requirements.  
 (Attach a separate sheet if necessary.)

Dates of Enrollment	
From	To
Mo./Yr.	Mo./Yr.

Course Title and Course Number	College or University	Sem./Qtr. Hours		

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## CERTIFICATION

I certify that all information provided on this application is true and correct to the best of my knowledge. I also pledge on my honor that all application materials were authored solely by me in accordance with this certification statement. I acknowledge that any misrepresentation of information will nullify my application for admission, and if enrolled, will result in disciplinary action which may include dismissal from the College of Health Professions and/or the University.

\_\_\_\_\_

Signature

\_\_\_\_\_

Date

***Please note that the Clinical Laboratory Science, Nursing, Occupational Therapy, and Physical Therapy programs are limited access programs. Admission to these programs is competitive and is based on evaluation of all required submitted materials. Because enrollment is limited, all qualified applicants may not be admitted.***

## COURSE EQUIVALENCY FORM

### Instructions to the applicant:

A request for any course to be accepted as a substitute for a prerequisite or required course must be made in writing to the Department of Physical Therapy and Human Performance. In order to request that a course be reviewed for equivalency to one of the prerequisite or required courses, an applicant/student must:

1. complete Part 1 of this form with your request, including specification of the prerequisite or required course, and identification of the course being suggested as an equivalent to the prerequisite or required course with the course number, course title and institution where the course was taken
2. attach to this form a copy of the course description from the course catalogue for the course being suggested as an equivalent to the prerequisite or required course
3. attach to this form a copy of the course syllabus for the course being suggested as an equivalent to the prerequisite or required course

These materials are reviewed by FGCU faculty and a decision about course equivalence is made by the Department of Physical Therapy and Human Performance. The applicant/student is notified in writing of the decision.

### PART 1: (To be filled out by Applicant)

Applicant's/Student's name: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Applicant's/Student's request: \_\_\_\_\_

\_\_\_\_\_

Prerequisite or required course: \_\_\_\_\_

Suggested equivalent course: \_\_\_\_\_

(course number and title)

(institution where the course was taken)

**(Please do not write below this line)**

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### PART 2: (To be filled out by Admissions Committee)

The applicant/student has had the equivalent of \_\_\_\_\_  
(prerequisite course)

Signed: \_\_\_\_\_  
(FGCU faculty member reviewing the course equivalence)

Signed: \_\_\_\_\_  
(Chair, Admissions Committee)

One copy of this completed form will be provided to the applicant/student, a second copy placed in the applicant's/student's file, and a third copy is kept in a central Department of Physical Therapy and Human Performance file.

# ADMISSIONS CHECKLIST

## Physical Therapy Program Application

- A Mail the following items to the FGCU Office of Admissions, Registration and Records:
  - 1. A *Self-Managed Graduate Application Form*
  - 2. \$30.00 application fee
  - 3. Transcripts (see *Transcript Request Form*)
  - 4. Official test Scores (see *Program Information Sheet* for requirements)  
GRE School Code - 5300
  - 5. Completed Prerequisite GPA Calculation Sheet
  - 6. Portfolio, including your
    - a. cover sheet
    - b. resume
    - c. response to statements (see *Admission Portfolio Development Guidelines*)
    - d. two signed *Validation of Physical Therapy Shadowing Experience* forms
  - 7. Student Health Services Health Form

Application materials **received** by January 15<sup>th</sup> of the year in which entry is sought will be given priority consideration.

The mailing address is:

Office of Admissions, Registration and Records  
Graduate Admissions  
Florida Gulf Coast University  
10501 FGCU Blvd. South  
Fort Myers, FL 33965-6565

# Immunization Requirements Information Sheet

The Physical Therapy Program requires additional immunizations above and beyond University Requirements. Official documentation (copies of medical records) must be provided for all immunizations listed below. More information on these requirements will be available during orientation.

A. University required immunizations (prior to registration):

- o Positive Rubella (German Measles) Titer Test or Immunization
- o Positive Rubeola (Measles) Titer Test or Immunization

B. Physical Therapy Program required immunizations and screening tests:

- o Positive Varicella (Chicken Pox, Herpes Zoster) Titer Test or Immunization
- o Current Tetanus booster (within 10 years)
- o Mantoux TB screening test within 1 year of application and yearly thereafter  
*A positive Mantoux test result must be followed up with a chest x-ray and verification of inactive status*
- o Hepatitis B (HB) Vaccine series (series of 3 immunizations at 0, 1, and 6 months) and positive titer results *(A student signed waiver for the Hepatitis B Vaccine series is also accepted by the Department of Physical Therapy but may exclude you from working at certain Clinical Sites due to requirements of individual clinics.)*

C. Health Insurance

The following are also strongly recommended, but not required:

- Completed health examination

# ESSENTIAL FUNCTIONS

The following are essential functions needed for successful completion of the Athletic Training, Physical Performance, and Physical Therapy programs at Florida Gulf Coast University. Students must be able to perform, with or without reasonable accommodations, each of these essential functions in order to fully participate in the program and successfully complete the requirements of the program in which they are enrolled. A student requesting accommodation in regard to carrying out any of these essential functions must realize that although he/she may meet program requirements to graduate, he/she may not meet some requirements of licensure and employment in the profession.

Florida Gulf Coast University, in accordance with the Americans with Disabilities Act and the university's guiding principles, provides classroom and academic accommodation to students with documented disabilities. Students are responsible for providing documentation of disability to the Office of Adaptive Services. Whether or not a requested accommodation is reasonable will be determined on an individual basis in consultation with the Office of Adaptive Services. (See current FGCU Student Guidebook).

## Essential Functions

### Cognitive Functions

1. Comprehend, retain, and retrieve complex information from the social sciences, humanities, natural and movement sciences, and apply this information to professional course work.
2. Comprehend, synthesize, and integrate information from extensive written materials, demonstration, group facilitation, lectures, class discussion, laboratory practice sessions, and simulated patients/clients.
3. Apply information obtained from classroom, laboratory, and written materials to the examination, evaluation, and intervention of real and simulated patients.
4. Critically analyze information taken from written materials, demonstration, group facilitation, lectures, class discussion, laboratory practice sessions, and simulated patients/clients to develop and support the rationale for appropriate examinations, evaluations, prognoses, and interventions.

5. Integrate information from multiple simultaneous sources in a timely manner.

### **Affective and Communication Functions**

1. Speak in English effectively and with sufficient volume to convey information to and instruct other individuals and groups from a variety of backgrounds, ages, and needs in a professional, respectful, and non-judgmental manner.
2. Understand and interpret the verbal, non-verbal, and written communication of others and respond in an appropriate professional manner.
3. Write clearly, concisely, and effectively in English.
4. Effectively attend to people, information, and tasks in a complex, highly stimulating environment during an entire workday.
5. Practice as a student in a safe, ethical, and legal manner.
6. Meet externally imposed deadlines and time requirements.
7. Effectively and consistently manage personal stress and the stress of others.
8. Respond to medical crises and emergencies in a calm, safe, and professional manner.

### **Psychomotor Functions**

1. Physically move or support patients/clients/classmates/equipment in a variety of situations and safely and skillfully supervise/instruct the movement/support of patients/clients/classmates utilizing a minimally trained technical support person.
2. Demonstrate the ability to observe and practice universal precautions.
3. Demonstrate the ability to perform emergency first aid and Health Care Provider CPR (American Heart Association BLS, including defibrillator).
4. Safely and reliably read meters, dials, and printouts.

5. Manipulate and operate examination and intervention equipment, monitoring devices, and computers.
6. Demonstrate appropriate body mechanics and react safely and appropriately to sudden or unexpected movements of patients/clients/classmates.
7. Demonstrate the ability to work in an environment which requires significant physical activity and mobility throughout the workday and which does not compromise patient or therapist safety.
8. Hear and comprehend the spoken word and auditory signals from equipment.
9. Write legibly and clearly by hand and by computer.
10. Safely, reliably, and efficiently perform appropriate examinations and interventions. See appendix for listing of sample (incomplete) examinations and interventions, listed by program.

## Appendix A Essential Functions for Physical Therapy

Safely, reliably, and efficiently perform appropriate examinations and interventions. See appendix for listing of sample (incomplete) examinations and interventions, listed by program.

### Sample Examinations

- cognitive/mental/emotional status
- endurance
- skin integrity
- sensation
- strength
- joint mobility
- joint motion and play
- muscle tone and reflexes
- movement patterns
- coordination
- balance
- developmental skills
- pain
- posture
- gait
- functional abilities
- assistive devices and equipment
- cardio-pulmonary status
- segmental length, girth, and volume for patients

### Sample Interventions

- therapeutic exercises to improve strength, ROM, or endurance
- developmental activities
- gait activities
- prosthetic and orthotic training
- wound care
- wheelchair training
- neurosensory techniques
- thermal agents
- physical agents and mechanical modalities
- massage
- electrotherapy
- balance and coordination training
- positioning techniques
- cardio-pulmonary rehabilitation
- manual therapy techniques
- functional activities, bed mobility, and transfers
- airway clearance techniques