

A Parent's Understanding of the Life Begins Program



Kleist Health Education Center
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Our Mission...

The mission of the Kleist Health Education Center is to teach people of all ages to respect and care for themselves, by giving everyone the tools they need to make informed and healthy life choices.

Our Instructors

The Kleist Health Education Center instructors are master's-level health educators. Our instructors have years of teaching experience in teaching complex, sensitive subjects such as human reproduction.

By using positive, engaging and charismatic dialogue, the human body is explained in a simple and logical format. Medical terms are used and defined with common words. Our trained professionals encourage interaction with students through feedback, comments and questions. All questions are answered with facts and sensitivity.

The Presentation

The Kleist Center has won countless praise and recognition from the community, school administrators, teachers and parents for its inspiring presentations, innovative exhibits, and exciting audio-visual demonstrations. Instructors incorporate skeletons, anatomical models, video clips and more to help the students understand the message. No graphic visuals are used in the presentation. Most visuals are with medical models and/or animations.

Activity and enrichment packets are available online at www.fgcu.edu/KHEC. These materials are available for both preparation and follow up with the students.



The Life Begins program

introduces pre-adolescent boys and girls to the miracle of human reproduction.

Topics covered include:

- Review of the onset of puberty, its effects on boys and girls and how each individual's timing and growth is different
- Review of the body's systems with emphasis on the male and female reproductive anatomy and function
- The concept of fertilization-egg and sperm creating new life
- Explanation of the process and purpose of ovulation and menstruation
- Fetal development from conception to birth including labor and delivery
- Importance of maturity, responsibility and respect of others
- Getting accurate information from parents and trusted adults