

Recommended Program Sequence
Kleist Health Education Center

X=Recommended

X=Appropriate

General Health	PRE	K	1	2	3	4	5	6	7	8	9	10	11	12
Safety Bear	X	X	X											
I'm Some "BODY"		X	X											
HealthSmart!				X	X	X								
The Bod Squad					X	X								
The Incredible Machine						X	X							
Character Education	PRE	K	1	2	3	4	5	6	7	8	9	10	11	12
"Keep Your Kool"	X	X	X											
What If Bullies Grow Here?				X	X	X								
Caught in the "Middle"							X	X						
Stress: Too Much to Handle						X	X	X	X					
Harassment Hurts									X	X	X	X		
Relationships-Matters of Choice											X	X	X	X
Drug Abuse Prevention	PRE	K	1	2	3	4	5	6	7	8	9	10	11	12
Who Do You Trust?					X	X	X							
Decisions: It's Up to You								X	X	X				
Be In the "NO"										X	X	X	X	X
Binge Drinking-The Party's Over											X	X	X	X
Growth and Development	PRE	K	1	2	3	4	5	6	7	8	9	10	11	12
Life Begins							X	X						
STI's Playing With Fire									X	X	X	X	X	X
Nutrition and Fitness	PRE	K	1	2	3	4	5	6	7	8	9	10	11	12
My Body, My Buddy				X	X	X								
Mission Nutrition					X	X	X							
Eating for Your Future									X	X	X			