



**Estimated Expenses for J-1 International Exchange Visitors/Scholars
2015-2016**

Instructions:

1. A certificate of eligibility (DS-2019) will not be issued until proof of sufficient funds is verified by the J-1 Scholar's Financial Institution and/or Sponsor.
2. The expenses below are just an estimate for the local area and costs may vary by individual, length of program and living arrangements
3. To calculate your financial costs multiply the total cost per month by the number of month's duration of your program. Any partial months should be treated as another full month.
4. Additional funds are required for any dependents who accompany you. For a one (1) month period, the U.S. requires \$ 800 for each dependent. For a twelve (12) month period, the U.S. requires \$ 9,600.00 for each dependent.

Estimated Costs of Living (Based on Living Expenses for One Person)

Expense	Per Month	Annual Total
Room and Board	\$1,350	\$16,200
Health Insurance	\$100	\$1,200
Miscellaneous/ (Transport, Clothing, Personal items, etc.)	\$130	\$1,560
TOTAL:	\$1,580.00	\$18,960.00