

MUSINGS FROM MERWIN HALL

SOCIAL SCIENCES DEPARTMENT, FLORIDA GULF COAST
UNIVERSITY



New Semester Blues...

By: Anastasia Samuels, A Social Science Major

Navigating a new semester can be challenging, especially after a long and relaxing winter break. Sometimes the best way to get over the "New Semester Blues" is to get through it.

First things first, syllabus week- or day. Take it seriously. If you do not have a planner the best time to get one is before the first day. Dedicate time to writing down all your due dates and your reading schedule. Assign a specific color for each class. That way you can be sure to do the correct reading/ assignment for the right class.

All work and no play is never fun. Use your planner to schedule self-care days or friend dates. Incorporating these days into your planner alongside working days is a sure way to get things done. For example, if you have a day dedicated to reading and studying, devote the next day to watching your favorite movie. If there is a day dedicated to writing a paper, spend the next one taking a walk and getting Starbucks.

Also, form a study group early in the semester. Exchanging phone numbers with the people around you and planning study dates is a fun way to make friends while improving grades on assignments. If studying with a group isn't something you are fond of, create a playlist of all your favorite songs that gets you excited to work.

Create and maintain a healthy relationship with sleeping/resting. It is very easy to get overwhelmed and anxious when a new semester starts but keeping a boundary between homework and rest is very important. Eight hours a night ensures a healthy mind and body!

***Check out 5 Easy FGCU Library Hacks to ensuring a great research paper!
Also follow @fgcusocsci on Twitter for more updates!***

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STUDENT, FACULTY, AND ALUMNI SPOTLIGHT

This month the Social Science Department would like to put the spotlight on the Anthropology program's very own Dr. Max Stein! Dr. Stein graduated with his BA in Anthropology in the Summer of 2009 from FGCU. He went on to complete his MA in Medical Anthropology from The University of Alabama in 2012 and his Ph.D. in 2018.

After this, Dr. Stein went on to become an Assistant Professor of Medical Anthropology at FGCU! He became fascinated with Anthropology after an intro course with Dr. Wahlberg in 2006. He says he always had an interest in social sciences but knew Anthropology was the perfect fit after taking an intro course.

Dr. Stein encourages all social science majors to "Do what you love, but know its value". He acknowledges the challenge that many social sciences majors face and advises students to follow their educational dreams and aspirations but also to think about the many possible career paths.

The social science department appreciates Dr. Stein's hard work and dedication to his students and profession! You can follow your educational aspirations and study abroad with Dr. Stein this summer in Peru!



*Dr. Max Stein,
Assistant
Professor of
Anthropology,
FGCU*

UPCOMING EVENTS:

January 28th: Historians at Work first meeting on campus at 12:30! Come out for a fun afternoon with fellow historians and free pizza!

<https://www.eventbrite.com/e/historians-at-work-kickoff-tickets-244659231347>

January 28th: Deadline to submit to the FGCU Writing Awards Competition. Submit your best paper from your Sociology, Anthropology, or History classes in the Social Sciences & Humanities categories!

https://fgcu.formstack.com/forms/fgcuwritingawards_2021_22

February 25th-27th, 2022: Florida Conference of Historians Annual Meeting! Faculty, graduate students, and undergraduates are all welcomed to Saint Leo University, just outside of the Tampa Bay Area. <http://www.floridaconferenceofhistorians.org/>

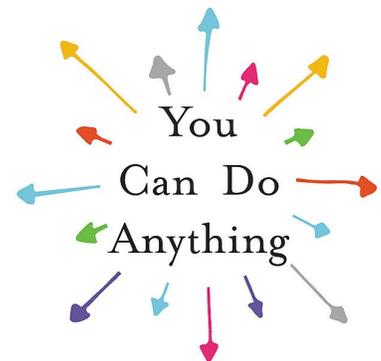
March 19th, 2022: Phi Alpha Theta conference hosted by Stetson University.

Summer A: Archaeological Field School, Location TBD
July 2021:

Study Abroad in PERU hosted by Dr. Stein and Dr. Locascio

GEORGE ANDERS

New York Times Bestselling Author



The Surprising Power of a "Useless"

Liberal Arts Education

BOOK OF THE MONTH: YOU CAN DO ANYTHING: THE SURPRISING POWER OF A "USELESS" LIBERAL ARTS EDUCATION BY GEORGE ANDERS

Are you unsure how to answer when relatives ask what you plan to do with your Anthropology, Sociology, or History degree?

Want to follow Dr. Stein's advice to "Do what you love, but know its value?" Then, check out the book of the month by George Anders.

Anders dispels the myth of a "useless" liberal arts degree while highlighting the in-demand skills and the endless career paths for students in these fields. For more career exploration opportunities, check out FGCU's PAGES Program.