

Ann L. Tilman, Ed.D., SB-RPT

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Student & Community Counseling Center, 209J
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EDUCATION

Argosy University, Sarasota, FL

Ed.D, Counselor Education and Supervision – CACREP Accredited Program

Dissertation: *Components of A School-Based Play Therapy Treatment Manual: A Qualitative Inquiry*

Degree Conferred: Spring, 2012

University of South Florida, Tampa, FL

Graduate Certificate, Play Therapy

Date of Completion: Spring, 2008

Argosy University, Sarasota, FL

Certification Requirements, School Counseling

Date of Completion: Spring, 2006

Argosy University, Sarasota, FL

M.A., Mental Health Counseling – CACREP Accredited Program

Degree Conferred: Summer, 2005

University of South Florida, Sarasota, FL

B.A., Psychology

Degree Conferred: Spring, 1999

PROFESSIONAL QUALIFICATIONS

Florida Educator's Certificate: Guidance & Counseling, PK-12

Florida Department of Education

School Based-Registered Play Therapist

Association for Play Therapy

Registered Mental Health Counselor Intern

Florida Department of Health

Certified AutPlay Provider: <https://www.autplaytherapy.com/providers/>

EMPLOYMENT HISTORY

Florida Gulf Coast University, Ft. Meyers, FL

Assistant Professor (August 1, 2017-Present), Department of Counseling

Visiting Assistant Professor (August 1, 2016 – July 31, 2017)

Adjunct Instructor (May 2016-July 2016)

Sarasota Academy of the Arts, Sarasota, FL

Professional School Counselor- Part-Time (August 2017- May 2019)

Argosy University, Sarasota, FL

Teaching Assistant/Adjunct

Suncoast School for Innovative Studies, Sarasota, FL

Professional School Counselor (2005-2016)

PK-8th Counselor 2005-2011; VPK-5th Counselor 2011-2016

Teacher, Grades 4-7 (self-contained), 4/5, and 4th (February 2003-July 2005)

YMCA/DJJ Character House, Sarasota, FL

Mental Health Counselor (August 2005-December 2005), Mental Health Intern (June 2004-July 2005)

SCHOLARSHIP

Research

Current Research: Juried

Connor, A., Tilman, A. L., Chung, C., & Isaacs, M. (under review). *Parental and professional perspectives on comprehensive post-secondary transition needs: An interagency case study*. Submitted to Career Development and Transition for Exceptional Individuals.

Tilman, A. L. (in preparation). *School based-registered play therapist: Confusion to clarity to collaboration*.

Connor, A., Donald, E., & Tilman, A. (in preparation). *WorkWell: An interdisciplinary online approach to postsecondary transition for young adults with autism in the era of COVID-19*.

Connor, A. and Tilman, A. (in preparation). *Model of transdisciplinary, primary interventionist approach to school-based counseling, guidance, and case management*.

Other Publications

Tilman, A.L. & Murphy, S. (2020). (January/February). Solution-focused play counseling. *ASCA School Counselor Magazine*. American School Counselor Association.

Sabella, R. A. & Tilman, A. (2017). (March/April, 2017). What's your story? The School Counselor. *ASCA School Counselor Magazine*. American School Counselor Association.

Presentations

Juried Presentations

National

American School Counselor Association – Annual National Conference 2021

Solution-Focused Play Counselor 101 – proposal accepted, asked to also be a live-streaming virtual presenter.

American School Counselor Association – Annual National Conference (July 2020)

Solution-Focused Play Counseling 101 – accepted for live, not selected for revised virtual conference.

American School Counselor Association – Annual National Conference

June 30, 2019 – Co-Presenter with R. Sabella

Creative Solution-Focused Brief Counseling Techniques

State

Florida Association for Play Therapy – National Play Therapy Week 2020

February 7, 2020- Representing Southwest Branch – APT Approved

Play Therapy Across the Lifespan – Chair of statewide event

Florida School Counselor Association – Annual Conference 2020

November 5, 2020 – Co-Presenter with S. Murphy

Creative SEL Resources and Strategies in a Growing Virtual World

Florida School Counselor Association – Annual Conference 2018

Pre-Conference Presenter – November 1, 2018

Play is Just for Kids...Or Is It? How to Incorporate Creative/Play Counseling Strategies at the Elementary, Middle, and High School Levels

Florida School Counselor Association – Annual Conference 2017 (Primary Presenter with Siobhan Murphy)

November 4, 2017 – Co-Presenter with S. Murphy

CHILL: Creative Counseling for Healthy Integration of Living & Learning

Florida School Counselor Association – Annual Conference 2016

October 29, 2016

Best Practices for Supervision of Counseling Interns and New Counselor Mentoring

Invited Presentations

Building the Occupational Therapist and School Counselor Alliance through Play

Department of Rehabilitation Sciences, Occupational Therapy

February 3, 2021

Therapeutic Use of Play

College of Education, Early Childhood Education

Scheduled for March 8, 2021

Building the Occupational Therapist and School Counselor Alliance through Play

Department of Rehabilitation Sciences, Occupational Therapy

April 6, 2020 - Presenter

Presentation to Occupational Therapy students at Florida Gulf Coast University

FAPT National Play Therapy Week – Chapter Presenter (Invited and Juried)

Florida Gulf Coast University – Community Counseling Center Hosting

February 7, 2020

Play Therapy Across the Lifespan

Collier County Public Schools: School Counselor Monthly Meeting

September 5, 2019

Using Play in Your School Counseling Program

Building the Occupational Therapist and School Counselor Alliance through Play

Department of Rehabilitation Sciences, Occupational Therapy

April 8, 2019 - Presenter

Presentation to Occupational Therapy students at Florida Gulf Coast University

Florida Gulf Coast University – Guest Presenter (College of Arts & Sciences – Undergraduate Psychology) – Fall 2018

Becoming a Professional School Counselor or Clinical Mental Health Counselor

Trauma Institute: Argosy University/ITTI – Presenter

April 20, 2018

The School Counselor's Role in Childhood Crisis and Trauma

**Collier County Public Schools: Supporting Your Child Socially and Emotionally
A Virtual Symposium - Panelist**

April 30, 2018

Help Your Child Find Success Using Four Key Strategies

Florida Gulf Coast University – Panelist (Industrial Psychology & Criminal Justice Programs)

April 16, 2018

School Shootings

Sarasota Academy of the Arts – Presenter

Career Day – February 16, 2018

So, You Want to Be a Counselor?

Florida Gulf Coast University – Guest Presenter (Criminal Justice Program)

March 30, 2017

Self-Care for LEOs and Criminal Justice Professionals

University of North Florida – Guest Presenter (School Counseling Program)

July 11, 2013

Playing in School: Use of Play Therapy Principles in the School Setting

University of South Florida (Sarasota-Manatee) – Guest Presenter (Mental Health Counseling Program)

Fall, 2009

Child-Centered Play Therapy with Traumatized Children

Funded Grants

Florida Gulf Coast University – Communities in Transition, partially funded by FGCU Foundation:

Connor, A., Donald, E., & Tilman, A. (2020). *WorkWell: An Interdisciplinary Online Approach to Postsecondary Transition for Young Adults with Autism in the Era of COVID-19.*

TQA Grant – Co-Investigator

SERVICE

University, College, and Departmental Service

University

Student Affairs Team - University Committee

Member – Representative of Marieb College of Health & Human Services

Fall 2019 – Present

Student Code of Conduct Review Committee – University Ad-Hoc Committee

Representative of University Student Affairs Committee/Selected through Faculty Senate

Approved by Vice President of Student Success & Enrollment Management

Fall 2019 – Present

Extenuating Circumstances & Withdrawal Committee (University Committee – Undergraduate)

Marieb College Representative Voting Member (Fall 2017-Fall 2020)

Marieb College Representative Alternate (Spring 2021-Present)

Florida Gulf Coast University Faculty Senate

Alternate - Fall 2017-Spring 2018

College

Student Affairs Committee - Marieb College of Health & Human Services

Committee Chair (2018-Present)

Department of Counseling Voting Member (2017-2018)

Department

Peer Advisory Committee for Assistant/Associate Professor of Clinical Mental Health Counseling – Successful

Committee Chair

Fall 2019/Spring 2020

Peer Advisory Committee for Instructor 1/Assistant Director of Community Counseling Center – Successful

Committee Member

Spring 2019

Peer Advisory Committee for Assistant Clinical Professor/Director of Community Counseling Center – Successful

Committee Chair

Fall 2018

Panel for Administrative Specialist, Counseling Department Position

Committee Member

Spring 2018 - Successful

Service to Community and Profession

National Service to Profession

Association for Play Therapy

Registration and Continuing Education Committee Member - Spring 2019-Present

Association for Play Therapy

Spring 2020 - APT Leadership Academy 2020 Cohort

Association for Play Therapy – American School Counselor Association Annual Conference

Assisted at Conference Table - June 30, July 1, 2019

State/Local Service to Profession

Florida Association for Play Therapy – FAPT Play Therapy Week Seminar Coordination Committee

Chair - Fall 2019, Spring 2020

Southwest Florida Chapter of FAPT

Chapter Chair and Member of the Board – August 2020-Present

Outreach Committee Chair – Fall 2019-Summer 2020

Member, Charter Member of Sarasota Chapter

Development of a Play Counseling/Therapy Coursework and Programming at Florida Gulf Coast University

Ongoing

Service to Community

Community Autism Network of FGCU – Working Group Member

January 2021-Present

Goals: partnerships with major stakeholders, including faculty, pre-service students, professionals, families, and individuals in the autism spectrum for the purpose of (1) Training, (2) Research, and (3) Service.

Mental Health Counselor Registered Intern, Community Counseling Center

Pro-Bono Faculty Provider of Play Counseling/Therapy – January 2020-Present

Children’s Advocacy Center of Southwest Florida, Ft. Myers – Waiting Room Design

Pro-Bono Consultant, Spring 2019

School Diversity Initiative – Student Outreach Project

September 25, 2019

Sarasota Academy of the Arts: Play Counseling

August 2017-May 2019

Florida Gulf Coast University: Around the World in 180 Minutes – Intercultural Event

April 25, 2018

Everglades City School, Everglades City, FL/FGCU Counseling Department

Post-Hurricane Irma Schoolwide Intervention

December 8, 2017

Media and Community Outreach

Marieb College News (blog)

August 2020

Workwell: An Interdisciplinary Online Approach to Postsecondary Transition for Young Adults with Autism in the Era of COVID-19 -

<https://www.fgcu.edu/mariebcollege/news/mariebcollegenews/workwell>

Marieb College News (blog)

June 2020

Dr. Ann Tilman Elected to Florida Association for Play Therapy's Board of Directors

<https://www.fgcu.edu/mariebcollege/news/mariebcollegenews/anntilman>

WINK News – Mental Health Mondays

July 29, 2019

Moving on to Middle School - <https://www.winknews.com/2019/07/29/moving-on-to-middle-school/>

WINK News – Mental Health Mondays

June 24, 2019

The Importance of Play - <https://www.winknews.com/2019/06/24/the-importance-of-play-time/>

COUNSELOR EDUCATION & SUPERVISION EXPERIENCE

Florida Gulf Coast University, Department of Counseling

Courses Developed:

- Play Counseling/Therapy
- Mental Health Consultation
- College & Career Readiness K-12
- All Proposed Play Counseling/Therapy Program Coursework
- Counseling Children & Adolescents
- Fostering Student Resiliency
- As a stand-alone course – Group Work for School Professionals

Courses Taught:

- Consultation & Collaborative Problem Solving (SC)
- Legal & Ethical Issues in Counseling (SC/CMHC)
- Career Development (SC/CMHC)
- College & Career Readiness K-12 (SC)
- Counseling Special Population Groups – revised based on Course Design PD (SC)

- Advanced Theory and Methods (SC/CMHC)
- Group Work for School Professionals – revised content to include heavier focus on school groups (SC)
- Group Dynamics (CMHC)
- Practicum (SC/CMHC)
- Advanced Practicum – coordinated with other faculty to revise structure of course (SC/CMHC)
- Clinical V Internship (CMHC)
- School Counseling Internship I
- School Counseling Internship II
- School Counseling Internship III
- Clinical Internship I (CMHC)
- Human Development for School Counselors – revised to include heavier focus on school-age development (SC)
- Intro to School Counseling – revised content to reflect ASCA National Model, 4th Edition
- Counseling Children & Adolescents
- Fostering Student Resiliency
- Mental Health Consultation & Collaboration
- Play Counseling/Therapy (SC/CMHC/Non-degree seeking)

PROFESSIONAL AFFILIATIONS

American School Counselor Association
Florida School Counselor Association
Association for Play Therapy
Florida Association for Play Therapy
Southwest Chapter of Florida Association for Play Therapy
Charter Member of Sarasota Chapter of Florida Association for Play Therapy
Charter Member of Sarasota School Counselor Association
National Board for Certified Counselors

SCHOLARLY INTERESTS

School Counseling Comprehensive Programs
Play Counseling/Therapy
School Counselor Use of Play Counseling
Arts/Creativity in Counseling
Autism
Traumatology
Social Justice/Advocacy
Counselor Education & Supervision
Technology in CES