## Recommended Program Sequence

### General Health
- **Healthy Smiles**: X X X
- **Get Moving**: X X X
- **I'm Some "BODY"**: X X
- **Health Smart!**: X X
- **The Bod Squad**: X X
- **The Incredible Machine**: X X

### Character Education
- **Keep Your Cool**: X X X
- **What If Bullies Grow Here?**: X X X
- **Beware What You Share**: X X X
- **Caught in the "Middle"**: X X
- **Stress: Too Much to Handle**: X X X X X
- **Whose Space Is It?**: X X X X X X X
- **Toxic Relationships - Matters of Choice**: X X X X

### Drug Education
- **Who Do You Trust?**: X X
- **Decisions: It's Up to You**: X X X
- **Be In the "NO"**: X X X X
- **Binge Drinking-The Party's Over**: X X X X

### Growth and Development
- **Life Begins**: X X
- **STI's - Playing With Fire**: X X X X

### Nutrition and Fitness
- **My Body, My Buddy**: X X X
- **Mission Nutrition**: X X X
- **Eating for Your Future**: X X

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**X** = Recommended  
**X** = Appropriate