

Florida Gulf Coast University/Department of Physical Therapy
B.S. in Exercise Science (Upper Division Courses)
5+ Semesters (120 Credit Hours)

TRACK	Fall 1	Spring 1	Summer 1	Fall 2	Spring 2	
I Foundational Sciences (All)	APK 3141C Anatomy & Biomechanics of Human Movement I (3 Credits)	APK 3142C Anatomy & Biomechanics of Human Movement I (3 Credits) APK 3312 Pharmacology & Ergogenic Aids (2 Cr)	APK 4137/4137L Exercise and Sport Physiology/Exercise & Sport Phys Lab (4/2 Credits)	APK 4123 Human Performance and Energy Supplies (2 Credits) online		16 credits
II Exercise Science Practice Series	APK 3125/3125L Fitness Assessment & Exercise Prescription/ Fitness Assessment Lab (3/2 Credits)	APK 4138/4138L Methods of Resistance Training & Conditioning/Methods of RTC Lab (3/2 Credits)	PET 3627C Care and Prevention of Human Performance Injuries (3 Credits)	APK4120 Clinical Exercise Physiology (3 Credits) Online	APK 4951 Capstone in Exercise Science (2 Credits)	18 credits
III Professional Development		APK 4050 – Evidence Based Practice (3 credits)			APK 4930 PDS II – Preparation for Entering and Growing in the Profession (2 credits) Online	5 credits
IV Applications in Exercise Science (All)	APK 3931 Selected Topics: Human Performance (1 Credit)			APK 4941L Experiential Learning I (5 Credits)	APK 4948L Experiential Learning II or Restricted Elective (5 Credits)	11 credits
V University Core/Other	PHY 253C College Physics I w/Lab (4 Credits)			APK 4112 Sports Psych (3 Credits) Online	IDS 3920 - Core University Colloquium or Restricted Elective (3 Credits)	10 credits
Semester Totals:	13 credits	13 credits	9 credits	13 credits	12 credits	60 credits