

Bachelor of Science in Exercise Science – Years 1 & 2

Students following the suggested course sequence will satisfy all necessary Exercise Science Common Prerequisites for upper-level Exercise Science Coursework; however, there are additional requirements to successfully progress into the Exercise Science upper-level coursework (see additional information below).

| | Course Number | Course Title | Credits | Prerequisites | Offered |
|---------------|---------------|---|---------|-------------------------------------|-----------------------------------|
| Fall Year 1 | ENC 1101 | Composition I | 3 | | F, Sp, Su |
| | BSC 1010C | General Biology I w/ Lab | 4 | | F, Sp, Su |
| | MAC 1105 | College Algebra | 3 | MAT 1033 or STA 2023 or see catalog | F, Sp, Su |
| | PSY 2012 | General Psychology | 3 | | F, Sp, Su |
| | | Total Credits for Semester: | | 13 | Academic Milestone Min GPA – 2.25 |
| Spring Year 1 | ENC 1102 | Composition II | 3 | ENC 1101 | F, Sp, Su |
| | BSC 1085C | Human Anatomy & Physiology I w/Lab | 4 | | F, Sp, Su |
| | MAC 1147 | Pre-Calculus | 4 | MAC 1105 | F, Sp, Su |
| | XXX XXXX | Gen Ed Social Science (INKN) | 3 | | F, Sp, Su |
| | | Total Credits for Semester: | | 14 | Academic Milestone Min GPA – 2.25 |
| Su Year 1 | XXX XXXX | Free Elective Course of Choice or University Colloquium* / Civic Literacy | 2 | | F, Sp, Su |
| Fall Year 2 | XXX XXXX | State Core Humanities | 3 | | F, Sp, Su |
| | BSC 1086C | Human Anatomy & Physiology II w/Lab | 4 | BSC 1085C | F, Sp, Su |
| | CHM 1045/L | General Chemistry I and Lab | 4 | MAC 1105 | F, Sp, Su |
| | STA 2023 | Statistical Methods | 3 | MAC 1105 | F, Sp, Su |
| | | Total Credits for Semester: | | 14 | Academic Milestone Min GPA – 2.5 |
| Spring Year 2 | BSC 1011/L | General Biology II and Lab | 4 | | F, Sp, Su |
| | CHM 1046/L | General Chemistry II and Lab | 4 | CHM 1045/L | F, Sp, Su |
| | HSC 2577 | Nutrition Human Health & Wellness | 3 | | F, Sp, Su |
| | XXX XXXX | Gen Ed Humanities (CLWS/INKN) | 3 | | F, Sp, Su |
| | XXX XXXX | Gen Ed Humanities | 3 | | F, Sp, Su |
| | | Total Credits for Semester: | | 17 | Academic Milestone Min GPA – 2.75 |

Common Prerequisites / Academic Milestones – Students are allowed no more than TWO consecutive milestone non-compliance issues

General Education Courses

Free Elective Courses

- S/U grades will be accepted for milestone and prerequisite courses, but may make a student less competitive for limited access admissions (including grad school)
- *Program recommends taking Core University Colloquium IDS 3920 before upper-level progression in coursework.
- Civic Literacy is required to graduate, see FGCU catalog. Students must have an institutional GPA (or cumulative GPA in Gullline, includes FGCU credits and grades) of 2.5 or higher prior to the start of upper level coursework..
- All students who meet progression and milestones criteria for the Exercise Science program will be accepted. Please visit the Exercise Science Program Admissions Information Page (<https://www.fgcu.edu/mariebcollege/RS/ESBS/admissions.asp>) and click on the Milestone Checklist for a full list of requirements (supplemental materials) for upper-level coursework progression. **The required supplemental materials deadline is Feb 1st** (if received after Feb 1st, materials will be reviewed at a later date. Please directly contact Exercise Science department).
- **A minimum of at least a B- or better in each of the following prerequisite courses: General Biology w/Lab I (BSC 1010C), Human Anatomy & Physiology w/Lab I (BSC 1085C), and Human Anatomy & Physiology w/Lab II (BSC 1086C).** All other prerequisite courses must be completed with a C or better (C- or less is not acceptable).