

Resource Guide for Transgender, Non-Binary, and Gender Expansive Students

Created and provided by FGCU Counseling and Psychological Services (CAPS): 3rd Floor, Student & Community Counseling Center | 239-590-7950 | fgcu.edu/caps

This is a living document. CAPS staff is continuously working to update, add, and refine this resource guide to be as useful to our students as possible. Please send any feedback, recommendations, concerns, or other information to Dr. Katherine Cascio, at kcascio@fgcu.edu or 239-590-1243.

Table of Contents (click on topic to jump to that information):

[Emergency Services](#)

[Fertility Medicine](#)

[Healthcare Scholarships, Grants, Fundraising, Loans](#)

[Health Insurance Information](#) (how to get gender confirmation medical services paid for by insurance)

[Hormone Therapy/Endocrinology](#)

[Name and Gender Marker Change Processes](#) (at FGCU, in Florida, and in other states)

[On-Campus All-Gender Bathrooms](#)

[Personal Care and Grooming](#) (salons, barbers, massage therapists, wig shops, electrolysis, laser hair removal, hair restoration etc.)

[Primary Care Providers](#)

[Psychiatrists](#)

[Social Groups, Support Services, Mentoring](#)

[Support Groups](#)

[Surgeons](#)

[Survivors of Discrimination and Harassment Resources](#)

[Therapists](#)

[Trans-Affirming Product Resources](#) (many are free)

[Voice Coaching](#)

[Welcoming Places of Worship](#)

[References for Resources in this Document](#)

Emergency Services

| Provider | Website | Phone Number |
|--|---|--|
| ACT (for survivors of interpersonal violence) | http://www.actabuse.com/programs/24-hour-hotline/ | 239-939-3112 |
| LGBT Suicide Awareness Initiative | n/a | 305-646-3600 |
| Trans Action Florida | www.transactionfl.org | 727-490-8235 |
| Trans Lifeline (Nationwide) | https://www.translifeline.org/ | 877-565-8860 (services available in Spanish) |
| Trevor Project (Nationwide) | https://www.thetrevorproject.org | 866-488-7386 |
| Unity Coalition | www.unitycoalition.org | 786-271-6982 |

Fertility Medicine

| Provider | Location(s) | Website | Contact Info | Additional Info |
|---|-------------|--|---------------------------------------|----------------------------|
| Florida Institute for Reproductive Sciences and Technology (multiple providers) Recommended by LBT Health | Weston | www.firstivf.net | 2300 N Commerce Pkwy. 954-217-3456 | Provides endocrinology/HRT |

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|---|----------------|--|---|
| IVF Florida Reproductive Associates Recommended by SunServe | Pembroke Pines | www.ivfflorida.com | 400 N Hiatus Rd., #205 954-247-6200 |
| South Florida Institute for Reproductive Medicine Recommended by SunServe | Boca Raton | www.ivfmd.com | 9960 Central Park Blvd., #275 561-594-9210 |

Healthcare Scholarships/Grants/Fundraising/Loans

| Provider | Website/Contact Info |
|--|---|
| Community Kinship (CK) Life (surgery) Recommended by University of Oregon Trans Care Team, SunServe | http://cklife.org |
| Comprehensive Guide to Surgery Fundraising Recommended by University of Oregon Trans Care Team | http://transguys.com/features/surgery-fundraising |
| Darcy Jeda Corbitt Foundation (legal name change, HRT, surgery) | https://www.darcycorbitt.org/djcfund.html |
| Gender Bands (surgery) Recommended by University of Oregon Trans Care Team, SunServe | https://www.genderbands.org/grants |
| Point of Pride (surgery, electrolysis) Recommended by University of Oregon Trans Care Team, SunServe | https://pointofpride.org/annual-transgender-surgery-fund/ |
| Rizi Xavier Timane Trans Surgery Grant (surgery) Recommended by SunServe | http://rizitimane.com/trans-surgery-scholarship-application/ |
| The Jim Collins Foundation (surgery) Recommended by University of Oregon Trans Care Team, SunServe | http://jimcollinsfoundation.org |
| Trans Social (HRT) | 954-567-7141, ext. 139 |
| Trans United with Family and Friends (surgery) Recommended by University of Oregon Trans Care Team, SunServe | http://tufforg.wix.com/tuffnew |
| Medical Loans Recommended by SunServe | CareCredit.com ; UnitedMedicalCredit.com ; MyMedicalFinancing.com ; https://advancecarecard.com ; MedLoanFinance.com |

Health Insurance Information

****Insurers use outdated/biased language in their materials and a binary definition of gender. The info below was modified to use more inclusive language.****

***Note:** just because some insurers say they don't cover certain services doesn't mean you can't submit an appeal to get these covered.

***Note:** there are MANY different plans from each company, to determine what your plan covers, go to your member page or call the number on the back of your card.

| Company | Documentation Requirements | Additional Info |
|----------------------|---|---|
| Aetna | Uses WPATH guidelines for letters | Uses WPATH guidelines for medical necessity of HRT, top and bottom surgeries; see https://tinyurl.com/qvkhj6 for details |
| Amerigroup FL | 2 letters for bottom surgery; 1 letter writer must have a doctoral degree or a master's level degree in a clinical behavioral science field (LCSW, LPC, LMFT, APRN, etc.), 1 letter is sufficient if signed by 2 providers, one of whom has met the specifications above; "documentation should include start date of living full time in new gender, verification via communication with individuals who have related to the individual in an identity-congruent gender role, or requesting documentation of a legal name change, may be reasonable in some cases" | Bottom surgery requires trans identity for 2+ years, lived 12+ months as identified gender (e.g., across wide range of experiences/events, coming out to partners/family/friends/community); top surgery for those seeking mastectomies only , must have had trans identity for 2+ years, covers nipple reconstruction, including tattooing, following mastectomy; "the use of hair removal procedures to treat tissue donor sites for a planned phalloplasty or vaginoplasty procedure is considered medically necessary"; more details here: https://tinyurl.com/ydaufq2r |

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|---------------------------|---|--|
| AvMed | Uses WPATH guidelines for letters | Uses WPATH guidelines for medical necessity of HRT, top and bottom surgeries; <u>appears to only cover mastectomies for top surgery</u> |
| Better Health | Better Health is a subsidiary of Aetna, refer to Aetna's guidelines for details | |
| FL Blue | Bottom surgery letter: physician/MH provider (doctoral level AND treated individual for 18+ months) documenting ALL of the following: ct's general identifying characteristics; initial and evolving diagnoses; duration of professional relationship (incl. type of treatment and evaluations provided); eligibility criteria that have been met and the physician/MH professional's rationale for surgery; degree to which ct has followed eligibility criteria to-date and likelihood of future compliance; whether the letter writer is part of a "gender identity disorder treatment team;" letter from 2 nd physician/MH familiar with ct's treatment & corroborates info in 1 st letter (when 1 letter is not from treating surgeon, a letter from the surgeon confirming they have personally communicated with the treating provider and ct, that confirms ct meets above criteria, understands risks of surgery, individual is likely to benefit from surgery); No clear guidelines for top surgery | Bottom surgery requires ALL of the following: trans identity present for 2+ years, 12+ months of continuous HRT, 12+ months of continuous full-time in new gender ("without returning to original gender," including employment, school, OR community-based volunteer activity), obtained legal name change, provided documentation to treating therapist that persons other than the treating therapist know individual functions in desired gender role, regular therapy as recommended by a treating practitioner, demonstrates knowledge/ understanding of benefits/risks of surgery, demonstrates progress in "consolidating one's gender identity, including demonstrating progress in dealing with work, family, and interpersonal issues resulting in a significantly better state of mental health;" <u>top surgery for those seeking chest reductions only</u> ; does not appear to include mastectomies; see more details here: https://tinyurl.com/yb553pzo |
| FL Medicaid | Plans include: Aetna, Amerigroup, Better Health, Capital Health Plan, Community Care Plan, Coventry Health Care of FL, FL True Health, Freedom Health, Humana Medical Plan-FL, Magellan Complete Care, Molina Healthcare, Prestige Health Choice, Simply Healthcare Plans, Staywell Health Plan, Sunshine State Health Plan, United Healthcare Community Plan, Well Care of FL | Use national Medicaid standards for covered services— <u>unless otherwise stated in this chart</u> (includes all "medically necessary" services, such as HRT and surgery; "medically necessary" must be asserted by physician providing the service and supported by therapist in letter); no documentation requirements were found for these plans |
| Humana | Uses WPATH guidelines for letters; surgery letters require: general identifying characteristics; results of psychosocial assessment/diagnoses; duration of professional's relationship (incl. type of evaluation/therapy to-date); explanation that WPATH criteria for surgery have been met; brief description of clinical rationale supporting ct's request for surgery; informed consent from ct; statement MH professional is available to AND welcomes relationship via phone call to coordinate care with Humana | Uses WPATH guidelines for medical necessity of HRT, top and bottom surgeries; see https://tinyurl.com/yblrxpzl for details, including which additional procedures are not covered; letters can be written by clinicians with a master's degree or higher |
| Molina Healthcare | Uses WPATH guidelines for letters; must include in letter that ct meets ALL of the following criteria for HRT: ct's desire to live and be accepted as identified gender by making their body as congruent as possible through HRT and/or surgery; trans identity has been present 2+ years; gender dysphoria not caused by a mental disorder; dysphoria causes clinically significant distress or impairment in important areas of functioning | Uses WPATH guidelines for medical necessity of HRT (<u>with addition that gender dysphoria must be present for 2+ years AND 3+ months of therapy prior to starting HRT</u>), top and bottom surgeries; see https://tinyurl.com/ydg2bssp for details. Endocrinologist letter: document ct has lived as identified gender full-time for 3+ months prior to HRT; continuous psychotherapy after initial evaluation for 3+ months "to identify any comorbid psychiatric diagnosis that may require treatment;" individual has knowledge of risks/benefits of HRT |
| Out of state plans | Details on many plans can be found here: https://tinyurl.com/y8lw5hhn and here: https://tinyurl.com/yac73llh | |
| United Healthcare | Uses WPATH guidelines for letters | Uses WPATH guidelines for medical necessity of HRT, top and bottom surgeries; see https://tinyurl.com/y84hjm6 for details, including procedures not covered |

Hormone Therapy/Endocrinology

| Provider | Location(s) | Website | Contact Info | Additional Info |
|--|-------------|---|--|---|
| Dr. Craig Sweet Recommended by Equality FL, Visuality FL, GLMA | Fort Myers | https://tinyurl.com/y_cryslg2 | 12611 World Plaza Ln., Bldg. 53 239-275-8118 | Accepts most private insurances (NOT Humana or TriCare) |

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| <p>Planned Parenthood of Central and Southwest FL (multiple providers) Recommended by SunServe and multiple FGCU students</p> | <p>Fort Myers, Naples, Kissimmee, Orlando, Sarasota, Lakeland, Bradenton, St. Petersburg, Tampa</p> | <p>https://tinyurl.com/y88698fl</p> | <p>Ft Myers: 8595 College Pkwy., #250, 239-481-9999 <u>Naples</u>: 1425 Creech Rd. 239-262-0301 <u>See website for add'l locations</u></p> | <p>Fort Myers and Naples locations do NOT require a letter from a therapist to begin HRT; Spanish speaking providers available; call and ask to make an appointment for HRT and they will direct you to the appropriate provider</p> |
| <p>Dr. Luisa Cueto Recommended by SunServe and LBT Health</p> | <p>Boynton Beach</p> | <p>https://tinyurl.com/y7ycung8</p> | <p>8756 Boynton Beach Blvd., #2400 561-806-6100</p> | <p>Note from SunServe: "ONLY Wednesdays and Thursdays. She works other days but the Wednesday/Thursday office is competent!"; gynecologist, experience with clients who've had gender affirming surgery; accepts many private insurances</p> |
| <p>Dr. Tim Blend Recommended by Equality FL</p> | <p>Bradenton</p> | <p>https://tinyurl.com/y78yz2zl</p> | <p>1911 Manatee Ave., #E-102 941-722-5600</p> | <p>Does not accept any insurance; you'd have to pay out-of-pocket, then submit bills to insurance for reimbursement</p> |
| <p>Dr. Paul DiMarco Recommended by Equality FL</p> | <p>Clearwater</p> | <p>n/a</p> | <p>430 Morton Plant St., #400 727-441-4581</p> | <p>Accepts most private and Medicaid insurances</p> |
| <p>Dr. Neil Goodman Recommended by SunServe</p> | <p>Coral Gables</p> | <p>https://tinyurl.com/y9ogkpkp</p> | <p>4675 Ponce de Leon Blvd., #204, 305-595-6855</p> | |
| <p>Dr. Sadaf Jeelani Recommended by SunServe, Southern Equality</p> | <p>Gainesville</p> | <p>https://tinyurl.com/yacvmzmo</p> | <p>4340 W Newberry Rd., #301 352-372-9414</p> | <p>Accepts many private and Medicaid insurances</p> |
| <p>Dr. Michael Horseman Recommended by SunServe</p> | <p>Gainesville</p> | <p>n/a</p> | <p>4410 W Newberry Rd. 352-372-7800</p> | <p>Accepts BC/BS, FL Blue, Cigna, Aetna, AvMed insurances only</p> |
| <p>AHF Kinder Medical Group (multiple providers) Recommended by SunServe</p> | <p>Miami</p> | <p>https://tinyurl.com/ycc9n937</p> | <p>3661 S Miami Ave., #806 786-497-4000</p> | <p>Must have HIV, AIDS, or Hepatitis to receive services; will see uninsured patients, Spanish-speaking providers available; accepts most private and Medicaid insurances</p> |
| <p>Empower U Community Health Center (multiple providers) Recommended by SunServe</p> | <p>Miami</p> | <p>https://www.euchc.org/services</p> | <p>7900 NW 27th Ave., #E-12 786-318-2337</p> | <p>Will see uninsured patients, Spanish and French speaking providers available, program specifically for young trans people of color</p> |
| <p>Care Resource Community Health Centers (multiple providers) Recommended by SunServe and My Trans Health</p> | <p>Miami, Miami Beach, Fort Lauderdale</p> | <p>www.careresource.org/</p> | <p><u>Miami</u>: 3801 Biscayne Blvd. and 1901 SW 1st St., 305-576-1234 (both locations) <u>Miami Beach</u>: 1680 Michigan Ave., #912, 305-534-0503 <u>Ft. Laud</u>: 871 W Oakland Park Blvd., 954-567-7141</p> | <p>Spanish-speaking providers available, will see uninsured individuals at Ft. Lauderdale location on a sliding scale for payment; accepts most Medicaid and private insurances</p> |
| <p>Dr. Jennifer Bartzck at Rowan Tree Medical Recommended by SunServe</p> | <p>Oakland Park</p> | <p>www.rowantreemedical.com</p> | <p>3197 NE 18th Ter. 954-533-5382</p> | <p>LGBT health specialized practice; primary care provided; accepts most private insurances, must go through website to set up initial appointment</p> |
| <p>Dr. Brenda Barry Recommended by Equality FL and Southern Equality</p> | <p>Orlando</p> | <p>www.brendabarrymd.com</p> | <p>930 Lake Baldwin Ln. 407-898-1500</p> | <p>Primary care provided, accepts Medicaid and private insurance, letter from mental health provider required for HRT, offers feminizing hormone therapy only</p> |

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| Piñero Medical (multiple providers) Recommended by Equality FL | Orlando | www.pineromedical.com | 1720 S Orange Ave., #200 407-426-9693 | Primary care provided; accepts private insurance and Medicaid |
| Dr. Roberto Ortiz Recommended by Equality FL | Orlando | www.blisshs.com | 2901 Curry Ford Rd., #106 407-203-5984 | Speaks Spanish, mostly works with people who have HIV or are at risk for HIV (including those on PrEP); accepts many private insurances and some Medicaid plans |
| Dr. Wende Kozlow Recommended by Equality FL | Sarasota and Bradenton | n/a | Sarasota: 943 S Beneva Rd., #210, 941-379-1777 Bradenton: 11505 Rangeland Pkwy., 941-379-1777 | Accepts most private insurances |
| Dr. David Lyter and Dr. Meredith Gray at Metro Health Tampa Recommended by SunServe and Equality FL | St. Petersburg, Tampa, Clearwater, New Port Richey | https://www.metroampabay.org/ | St. Pete: 3251 3rd Ave. N, #125, 727-321-3854 Tampa: 1315 E 7 th Ave., #210 813-232-3808 Clearwater: 2349 Sunset Point Rd., #405, 727-220-0550 NPR: 4747 US-19 727-494-7625 | Primary care available; accepts most private insurance and Medicaid |
| Treasure Coast Institute for Bio-identical Hormone Therapy (multiple providers) Recommended by SunServe | Stuart | www.bioidentical-hrt.org | 2181 SE Ocean Blvd. 772-220-8766 | Note from SunServe: “No experience yet, but is very interested and open to having transgender clients”; doesn’t accept any insurance, you’d have to pay out-of-pocket, then submit bills to insurance for reimbursement |
| Dr. Michael Dunn and Dr. Howard Grossman at Midway Specialty Care Recommended by SunServe | Tampa, Wilton Manors | www.midwaycare.org | Tampa: 3317 W Gandy Blvd. 813-902-8600 WM: 2500 NW 15 th Ave. 954-530-8357 | Primary care provided; accepts most private insurances |
| Dr. Rennanit Barron Recommended by SunServe | West Palm Beach and Jupiter | https://tinyurl.com/ybfu3zff | WPB: 5730 Corporate Way, #200, 561-881-3022 Jupiter: 5155 Corporate Way, Suite C, 561-932-1212 | Accepts many private insurances and Medicaid |
| Florida Institute for Reproductive Sciences and Technology (multiple providers) Recommended by LBT Health | Weston | www.firstivf.net | 2300 N Commerce Pkwy. 954-217-3456 | OB/GYN and fertility preservation provided; accepts United, Humana, Aetna, and Cigna insurances only |

Name and Gender Marker Change Processes

| Location | Requirements | Detailed Information Resource(s) |
|-----------------------|--|---|
| FGCU-Canvas and Email | No formal documentation required. Submit your chosen name to Registrar’s Office so your chosen name will automatically appear in Canvas (instead of your dead/legal name) and on your professors’ class rosters. | <ol style="list-style-type: none"> Go to tinyurl.com/FGCUchosename Enter your legal name and FGCU email Check your email for an online form from the Registrar's office Follow instructions in email to process your chosen name and pronouns Contact the Registrar’s Office with questions: 120 McTarnaghan Hall, 239-590-7980, orr@fgcu.edu |

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| FGCU-CAPS | Inform any staff member of your gender identity, chosen name, and/or pronouns; we will update your file to reflect those and staff will use the correct gender, name, and pronouns when you come to CAPS | Note CAPS cannot change your legal name on your record until your name is changed with the university, however, your chosen name will also be included throughout your record. Example of how your name will appear in your CAPS record: (Chosen Name) Legal First Name, Legal Last Name (e.g., (Jordan) Taylor Smith). CAPS will use the pronouns and gender identity you tell us throughout your record. |
| FGCU-Student Health Services | Inform your provider of your gender identity, chosen name, and/or pronouns; they will update your file to reflect those and staff will use the correct gender, name, and pronouns when you go to SHS | Note SHS cannot change your legal name on your record until your name is changed with the university, however, your chosen name will also be included throughout your record. Example of how your name will appear in your SHS record: (Legal First Name) Chosen Name Legal Last Name (e.g., (Jordan) Taylor Smith). SHS will use the pronouns and gender identity you tell them throughout your record. |
| Florida-General | Varies by process, see FL specific page for details on different process | https://transequality.org/documents/state/florida |
| Florida-Name | Submit a petition to your county's probate court; applicant must be fingerprinted | https://www.floridanamechange.org/ , step-by-step instructions in one location (recommended by transequality.org) |
| Florida-Gender | Agency-specific forms, doctor's letter; typically occurs after legal name change | https://tinyurl.com/vsqz8p6 , step-by-step guide to changing legal gender (recommended by transequality.org) |
| All other states, US territories, and federal documents (passport, social security card) | | https://transequality.org/documents (breaks down processes by state/territory) |

On-Campus All-Gender Bathrooms

All bathrooms identified below are public, wheelchair accessible, and single stall.

| Building | Room(s) | Additional Info |
|---|------------------------------|---|
| Ackert Community Center | 1 st floor | 2 single stall bathrooms, inside community center at NLV, accessible from the pool |
| Aquatics Center | 111 | Includes a shower |
| Biscayne Hall | 1152, 5152 | |
| Daniels Public Media Center | 2, 88 | Building is next to parking garage 3 |
| Eagle Hall | 1002, 3001, 3006, 5001, 5004 | |
| Everglades Hall | 1152, 5052 | |
| Library | 124A, 124B | Inside Starbucks |
| Marieb Hall | 215 | |
| Osprey Hall | 1002, 3001, 3006, 5001, 5004 | |
| Palmetto Hall | 1152, 5152 | |
| Student and Community Counseling Center | 1 st floor | Located at the back of the 1 st floor hallway on right, past women's & men's bathrooms |
| Student Health Services | Inside patient area | 4 single stall bathrooms available |
| University Recreation and Wellness Center | 109A, 110A | Each includes a shower |

Personal Care and Grooming

| Provider | Location(s) | Website | Contact Info | Additional Info |
|---|-------------|---|---|---|
| Enchanted Salon | Fort Myers | https://tinyurl.com/yynh9w5p | 9924 Gulf Coast Main St 239-745-8951 (call/text) | 10% off for students with FGCU ID; inside Sola Salon at Gulf Coast Town Center |
| Inside Suzanne's Salon Recommended by Visuality FL | Naples | n/a | 4156 Tamiami Tr. N 239-261-4741 | LGBTQ-owned; massage, skin/nail/hair care, some make-up services (consultation basis) |

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|--|--------------------------------|--|---|---|
| Skin Deep | Naples | https://tinyurl.com/y7kb9sa6 | 3363 Tamiami Trail N 239-260-4075 | Electrolysis, facials, offers LGBT-specific services |
| 6S Boutique Recommended by Equality FL | St. Petersburg | www.6sboutique.com | 7213 Central Ave. 727-498-6590 | LGBTQ-owned; makeup, wigs, hosiery, accessories |
| Aesthetics by Karen Marlise Recommended by Equality FL | Seminole | https://tinyurl.com/y9npv676 | 10701 Village Green Ave. 727-512-4335 | Electrolysis, laser hair removal, skincare |
| Amy at Laser Hair Concepts Recommended by SunServe | Lighthouse Point | n/a | 4510 N Federal Hwy. #101 954-687-8042 | Laser hair removal |
| Bare Laser Center Recommended by SunServe | Fort Lauderdale | https://www.barelasercenter.com/ | 1700 E Las Olas Blvd., #101 954-524-8887 | Laser hair removal |
| Beautiful TRANSformations Recommended by Equality FL | Tampa, St. Petersburg | n/a | <u>St. Pete</u> : 3251 3 rd Ave. N, #125 727-321-3854 <u>Tampa</u> : 1315 E 7 th Ave., #201 813-232-3808 | 2 hour session on styling makeup/hair/fashion; Offered on a quarterly basis, email transcommunity@metrotampabay.org to express interest in next session |
| Charlene at M Salon and Spa Recommended by SunServe | Sunrise | www.msalonspa.com | 10042 W Oakland Park Blvd. 954-742-8990 | Electrolysis, skincare, haircare, nail care |
| Darren at Dick's Service Station Recommended by SunServe | Oakland Park | www.dicks954.com | 3528 NE 12 th Ave. 954-353-5507 | Barber shop; note from SunServe: "Tell them to drop SunServe's name" |
| Dr. Barry Resnik Recommended by SunServe | Adventura | www.drresnik.com | 2630 NE 203 rd St., #105 305-692-8998 | Hair restoration, dermatology, facial surgery |
| Dr. Heidi Churgin Recommended by SunServe | Fort Lauderdale | https://tinyurl.com/y9zx7hny | 5975 N Federal Hwy. 954-295-1505 | Electrolysis |
| Dr. Marina Pizzaro Recommended by Equality FL | Orlando, Jacksonville Beach | www.drpizarro.com | <u>Orlando</u> : 7575 Dr. Phillips Blvd., #20, 407-226-9300 <u>Jacksonville Beach</u> : 2348 3 rd St. S, 904-246-2024 | Hair restoration |
| FL Natural Healthcare Center Recommended by LBT Health | Weston, Boynton Beach | www.floridanaturalhealthcare.com | <u>Weston</u> : 17160 Royal Palm Blvd., #1 <u>Boynton Beach</u> : 8794 W Boynton Beach Blvd., #216 954-436-6161 (both locations) | Acupuncture and nutrition services |
| Ideal Image Laser Hair Removal Recommended by SunServe | Plantation | https://tinyurl.com/yajgbxzy | 801 S University Dr., C-136 954-642-2530 | |
| James Markham, RE at Badar's Hair and All Recommended by Equality FL | Tampa, Wesley Chapel | www.badarshairandall.com | <u>Tampa</u> : 2321 E Fowler Ave, 813-979-0058; 14424 N Dalemabry Hwy., 813-960-0058 <u>Wesley Chapel</u> : 1820 Bruce B. Downs Blvd., 813-973-8819 | Electrolysis |
| Lise-Anne Jensen, RE, CCE, CME Recommended by SunServe | Boca Raton | www.serenityskininc.com | 6100 Glades Rd., #310 561-866-7400 | Electrolysis |
| Mac Hair Salon Recommended by SunServe | Dania Beach | https://tinyurl.com/ybrvaq5t | 801 S Federal Hwy, #821 954-927-1910 | Hair care, skincare, nail care, facial waxing |
| Marie Massage Recommended by Visuality FL | Port Charlotte | n/a | 1312 Market Cir., #2 941-204-8554 | LGBTQ-owned |
| Mary Moffett Master Electrolysis | St. Petersburg | n/a | 4045 36 th Ave. N | |

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| Recommended by Equality FL | | | 727-527-5327 | |
| Naomi Fernandez Dejong Recommended by Equality FL | Tampa | n/a | 3301 N Howard Ave. 813-875-1025 | Electrolysis |
| Orlando Institute for Electrolysis & Laser Hair Removal Recommended by Equality FL | Orlando | www.orlandoinstitute.com | 6900 Turkey Lake Rd., #1-8 407-295-2081 | |
| Physical Health Complex Recommended by LBT Health | Fort Lauderdale | n/a | 2544 N Federal Hwy. 954-566-0444 | Massage, acupuncture, naturopathic, and other alternative treatments |
| Ritzzy Rags Recommended by Equality FL | Orlando | www.ritzyrags.com | 929/928 N Mills Ave. 407-897-2117 | LGBTQ-owned; wigs, breast forms, cosmetics |
| Roots Salon Recommended by Visuality FL | Cape Coral | n/a | 1611 SE 47 th Ter. 239-549-5300 | Hair care, waxing, some skin care, hand and arm massage |
| Source Salon Recommended by SunServe | Wilton Manors | www.source-salon.com | 1881 NE 26 th St., #30 954-568-1998 | Hair care, skin care, facial and body waxing |
| Tracy Carroll Salon Recommended by SunServe | Wilton Manors | www.tracycarrollsalon.com | 2331 Wilton Dr. 954-564-2323 | Hair care, nail care, body and facial waxing, skin care |
| Transformation Station Recommended by Visuality FL | North Fort Myers | www.ttswfl.com | 3323 N Key Dr., #E13 239-208-7117 | LGBTQ-owned; hair care, skin care, thermal hair removal |
| Ulta Salon Fort Lauderdale This location recommended by SunServe | Fort Lauderdale | https://tinyurl.com/y8umawy4 | 1746 N Federal Hwy. 954-390-7458 | Hair care, skin care, facial waxing |
| Veez at Haircuttery Recommended by SunServe | Fort Lauderdale | n/a | 1520 N Federal Hwy. 954-563-4376 | Hair care |
| Wig Villa Recommended by Visuality FL | St. Petersburg | www.wigvillaonline.com | 575 Central Ave. 727-823-3100 | Wig shop |
| Wigs and More Recommended by Visuality FL | Port Charlotte | www.wigsanmore.com | 2605 Tamiami Tr. 941-979-9999 | LGBTQ-owned; wig show |

Primary Care Providers

| Provider | Location(s) | Website | Contact Info | Additional Info |
|--|-------------|---|---|---|
| Dr. Rebekah Bernard Recommended by GLMA | Fort Myers | https://tinyurl.com/ybstwl9p | 17595 S Tamiami Tr., #227 239-322-3860 | Membership-based practice, \$35/month for ≤19 years, \$60/month for 20+, \$150 initial registration fee; can be seen as often as needed without per appointment fee, discounted lab testing available; no insurance needed |
| The McGregor Clinic Recommended by Visuality FL | Fort Myers | www.mcgregorclinic.org | 3487 Broadway 239-334-9555 | Must have HIV/AIDS to receive services; case management, STI/HIV testing available |
| AIDS Healthcare Foundation Recommended by Visuality FL | Fort Myers | https://tinyurl.com/wvrvhev | 2231 McGregor Blvd. 239-337-2391 | Must have HIV, AIDS, or Hepatitis to receive services; STI/HIV testing, food pantry, counseling, condom distribution available |
| Dr. Clint Potter | Naples | https://tinyurl.com/yd85j2gs | 720 Goodlette Rd. 239-260-3880 | LGBT-focused part of practice, accepts most private insurances |
| Dr. Adrienne Burrows | Casselberry | https://tinyurl.com/y8nnnq8s | 985 SR 436 407-831-5252 | Has provided pre-op medical clearances for trans patients; accepts private insurance and Medicaid |

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| Dr. Barbara Noel Recommended by SunServe | Fort Lauderdale | https://tinyurl.com/y7rbna7m | 6333 N Federal Hwy., #250 954-642-7036 | Gynecologist, accepts most private insurances, sees trans men only |
| Dr. Maureen Greenwood | Fort Lauderdale | n/a | 1164 E Oakland Park Blvd., #300 954-561-6900 | HRT provided, sees uninsured patients, accepts Medicaid and private insurance, has worked with trans patients-including those who have undergone surgery |
| Bluestar Medical (multiple providers) Recommended by LBT Health | Fort Lauderdale | https://bluestarmedical.net | 4101 NW 4 th St., #211 954-440-0072 | Accepts many private insurances, Spanish speaking providers available, HRT available |
| Dr. Maureen Whelihan Recommended by SunServe | Greenacres | https://tinyurl.com/s6dyg4z | 6801 Lake Worth Rd., #100W 561-965-9559 | Gynecologist with experience with trans patients who have undergone surgery; accepts most private insurances |
| Dr. Eric Lowman at Midland Medical Center Recommended by SunServe | Oakland Park | https://midlandmed.com/ | 1421 E Oakland Park Blvd. 954-565-0875 | Accepts Medicaid and private insurance, provides HRT on "a case-by-case basis" |
| Dr. Brenda Barry Recommended by Equality FL, Southern Equality | Orlando | www.brendabarrymd.com | 930 Lake Baldwin Ln. 407-898-1500 | HRT provided, accepts Medicaid and private insurances |
| Piñero Medical (multiple providers) Recommended by Equality FL | Orlando | www.pineromedical.com | 1720 S Orange Ave., #200 407-426-9693 | HRT provided; accepts private insurance and Medicaid, Spanish speaking providers available |
| Dr. Gloria Hakkarainen Recommended by SunServe | Palm Beach Gardens, Lake Worth | n/a | <u>Palm Beach Gardens:</u> 4270 Design Center Dr., Ste. B, 561-320-4663 <u>Lake Worth:</u> 4671 S Congress Ave., #100B, 561-295-7203 | Gynecologist with experience seeing trans patients who have undergone surgery; accepts most private insurances and some Medicaid (Sunshine, Humana, Prestige) |
| Treasure Coast Primary Care (multiple providers) Recommended by SunServe | Port St. Lucie, Stuart | www.tcprimarycare.com | <u>PSL:</u> 1801 SE Hilmoor Dr., Bldg A, #108, 772-800-7340 <u>Stuart:</u> 1050 SE Monterey Rd., #201, 772-678-7043 | Accepts some private insurances |
| Dr. Tim Carlson and Dr. Margot Sarto at Palms Primary Care Recommended by Equality FL | St. Petersburg | https://tinyurl.com/ychumsew | 1615 Pasadena Ave. S, #430 727-397-0606 | Accepts Medicaid and private insurance; both providers have worked with trans patients, including those who have undergone surgery |
| Dr. David Lyter and Dr. Meredith Gray at Metro Health Tampa Recommended by SunServe, Equality FL | St. Petersburg, Tampa, Clearwater, New Port Richey | https://www.metroampabay.org/ | <u>St. Pete:</u> 3251 3rd Ave. N, #125 727-321-3854 <u>Tampa:</u> 1315 E 7 th Ave., #210 813-232-3808 <u>Clearwater:</u> 2349 Sunset Point Rd., #405, 727-220-0550 <u>New Port Richey:</u> 4747 US-19 727-494-7625 | HRT provided, accepts private insurance and Medicaid |
| Dr. Michael Dunn at Midway Specialty Care Center Recommended by SunServe | Tampa, Wilton Manors | www.midwaycare.org | <u>Tampa:</u> 3317 W Gandy Blvd. 813-902-8600 <u>WM:</u> 2500 NW 15 th Ave. 954-530-8357 | HRT provided; accepts most private insurances |
| Dr. Jennifer Bartczck at Rowan Tree Medical Recommended by SunServe | Wilton Manors | https://tinyurl.com/ychqe66q | 250 NE 15 th Ave. 954-533-5382 | LGBT health specialized practice; HRT provided, accepts most private insurances, must go through website to set up initial appointment |

Psychiatrists

| Provider | Location(s) | Website | Contact Info | Additional Info |
|--|-----------------|---|--|--|
| Dr. Joshua Hersh FGCU CAPS | Campus | www.fgcu.edu/caps | 10501 FGCU Blvd. S 239-590-7950 | Must be a current FGCU student; therapy and support group also available |
| Dr. Omar Rieche Recommended by Visuality FL | Fort Myers | www.riechemd.com | 1705 Colonial Blvd., Ste. B1 239-278-7788 | Provides letters for gender confirmation medical services. Private pay only |
| Dr. Choday Uma Recommended by SunServe | Boca Raton | n/a | 8177 Glades Rd., #201 561-488-8874 | Closed on Fridays |
| Dr. Branislav Stojanovic Recommended by SunServe | Fort Lauderdale | n/a | 2962 SW 26 th Terr., #203 954-525-2003 | Private pay only, will provide reimbursement form for those with insurance |
| Dr. Daniel Bober Recommended by SunServe | Hollywood | www.drbober.com | 3595 Sheridan St., #109 954-967-6776 | Provides letters for gender confirmation medical services for \$850. Private pay and Memorial Managed insurance only. |
| Chris Lee, APRN, PMHNP Recommended by SunServe | Miami Beach | https://tinyurl.com/yaroxb3 | 429 Lenox Ave., #452 877-990-0001 | Psychiatric nurse practitioner; Speaks French, Korean, and some Spanish; team includes Dietician, personal trainer, and text/phone consultation. Private pay only, will provide reimbursement form for those with insurance. |

Social Groups, Support Services, Mentoring

| Provider | Location(s) | Website | Contact Info | Additional Info |
|--|-----------------|--|---|--|
| FGCU Gender and Sexuality Alliance (GSA) | On-campus | https://tinyurl.com/ycsxnbu3 | Sugden 258a gsa@eagle.fgcu.edu 863-701-5531 | Instagram: fgcu_gsa Twitter: @FGCUGSA Facebook: FGCU Gender & Sexuality Alliance |
| Alphabet Soup of Southwest Florida Recommended by Visuality FL | Fort Myers area | Google “meet up” then search for this group | n/a | LGBTQ social group |
| Laboratory Theater Recommended by Visuality FL | Fort Myers | www.laboratorytheaterflorida.com | 1634 Woodford Ave. 239-218-0481 | Trans-affirming theater group |
| LGBT Community Fund of SW Florida Recommended by Visuality FL | Fort Myers | http://lgbtswfl.com/ | 8771 College Pwky., Bldg. 2, #201, 239-274-5900 | Planning committee for annual LGBTQ gala |
| Southwest Florida Gay and Lesbian Chorus Recommended by Visuality FL | Fort Myers | www.gaychorus.org | PO Box 62331 239-410-2025 Rehearsal: 13411 Shire Ln, #7 | LGBTQ mixed chorus, welcoming of trans individuals; rehearsals Tuesdays at 7pm |
| Collier County Chapter of GLSEN | Naples | https://tinyurl.com/ybacs7g | PO Box 413005, PMB#8 786-671-2390 | Advocacy, support, social events, and more |
| Pride of Southwest Florida Recommended by Visuality FL | Cape Coral | www.prideswfl.org | n/a | Pride event planning committee |
| Compass Community Center | Lake Worth | compassglcc.com | 201 North Dixie Highway 561-533-9699 | Social, advocacy, health, education, and community organizing programs; Entourage social group meets Thursdays 6-8pm; It’s Complicated social group for gay men (including |

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| | | | | trans men) with a focus on men of color meets 3 rd Wednesday of each month at 7pm; |
| TransSocial | Miami and Fort Lauderdale areas | www.transsocial.org/ | Varies based on service and activity | Advocacy, social events, support groups, case management, and more |
| Alliance for LGBTQ Youth Recommended by My Trans Health | North Miami | https://tinyurl.com/ydad57jo | 1175 NE 125th Street, #510 305-899-8087 | Offers social and leadership development opportunities |
| Orlando Chapter of GLSEN | Orlando | https://tinyurl.com/kdzr8c5z | orlando@chapters.glsen.org | Advocacy, support, social events, and more |
| Gender Identity in Florida Today (GIFT) Recommended by Equality FL | Orlando | www.giftorlando.org | 946 N Mills Ave. 407-228-8272 | Support groups, advocacy, conference |
| All Rainbow and Allied Youth (ARAY) Recommended by Visuality FL | Port Charlotte | https://tinyurl.com/uwd8v22 | n/a | Pride event planning committee |
| Tampa Bay Chapter of GLSEN | Tampa | https://tinyurl.com/yd2l8h86 | PO Box 7494 813-586-0215 | Advocacy, support, social events, and more |
| Pride Center at Equality Park | Wilton Manors | www.pridecenterflorida.org/ | 2040 N Dixie Hwy. 954-463-9005 | Advocacy, support groups, HIV-related services, and more |
| Female to Male International Recommended by Equality FL | Worldwide | www.ftmi.org | 877-267-1440 | Online forums and phone support |
| National Center for Transgender Equality | Nationwide | www.transequality.org | 202-642-4542 ncte@transequality.org | Online resource for information about legal rights, healthcare, research, travel, and more |
| Trans Mentors International | Worldwide | www.transmentors.org | 877-366-3888 | Online forums and phone support, allow up to 24 hours for a return call |
| World Professional Association for Transgender Health (WPATH) | Worldwide | www.wpath.org | www.wpath.org/contact (contact form) | Advocacy and medical standards for healthcare services for trans individuals; considered 'gold standard' for providing gender confirmation medical services |

Support Groups

| Provider | Location(s) | Website | Contact Info | Additional Info |
|--|------------------|---|---|--|
| Translucence FGCU CAPS | Campus | www.fgcu.edu/caps | 10501 FGCU Blvd. S 239-590-7950 | Must be a current FGCU student; for trans, non-binary, and gender expansive students; therapy and psychiatry also provided |
| Rainbow Eagles FGCU CAPS | Campus | www.fgcu.edu/caps | 10501 FGCU Blvd. S 239-590-7950 | Must be a current FGCU student; for LGBTQIA students; therapy and psychiatry also provided |
| Transgender and Gender Nonconforming Support Group Recommended by SWFL LGBT Chamber of Commerce and Visuality FL | Fort Myers | http://get-it.network/about/ | _(Fill out contact form) 3049 McGregor Blvd. | 1 st Saturday of each month, 2:30pm |
| Abuse Counseling and Treatment (ACT) Recommended by Visuality FL | Fort Myers | https://tinyurl.com/y798pyaf | PO Box 60401 239-939-2553 | Multiple groups offered; not trans-specific groups, but trans-affirming care provided, contact for dates/times of different groups |
| LGBT Bereavement Support Group Recommended by Visuality FL | North Fort Myers | www.hopehospice.org | 13821 N Cleveland Ave. 239-985-2485 | Wednesdays, RSVP to Tricia Black by phone |

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| Teen Transgender Group: Families and Allies | Naples | https://tinyurl.com/yc686mjo | 2335 9 th St. North 239-261-5405 | 3 rd Saturday of each month, 1-2pm; group is for teens, kids, adults, their families |
| PBC Gender Support Group | Lake Worth | compassglcc.com | 201 North Dixie Highway 561-533-9699 | Every Thursday at 7pm; for trans folks and their supportive family members |
| Coming Out | Lake Worth | compassglcc.com | 201 North Dixie Highway 561-533-9699 | Every Thursday at 6:30pm; for people seeking or offering help with coming out process |
| FTM Gender Support Group | Lake Worth | compassglcc.com | 201 North Dixie Highway 561-533-9699 | 1 st and 3 rd Monday of every month at 7pm |
| Non-Binary Support Group | Lake Worth | compassglcc.com | 201 North Dixie Highway 561-533-9699 | Every Wednesday 6:30-8pm |
| Trans Central Station (all LGBT folks, family, supporters) Recommended by Equality FL | Orlando | www.thecenterorlando.org | 946 N Mills Ave. 407-228-8272 | 1 st Tuesday of each month, 7pm |
| Full Time Trans (folks who are in-transition and/or post-op) Recommended by Equality FL | Orlando | www.thecenterorlando.org | 946 N Mills Ave. 407-228-8272 | 3 rd Tuesday of each month, 7pm |
| Between the Lines (folks questioning their identities and/or exist between the binary) Recommended by Equality FL | Orlando | www.thecenterorlando.org | 946 N Mills Ave. 407-228-8272 | 4 th Tuesday of each month, 7pm |
| Trans Men (FTM and trans masculine individuals) Recommended by Equality FL | Orlando | www.thecenterorlando.org | 946 N Mills Ave. 407-228-8272 | 1 st and 3 rd Wednesdays of each month, 7pm |
| Southwest Florida Trans Support Group Recommended by Equality FL | Sarasota | www.swfltranssptgp.org | 1530 Cross St. 941-840-0878 | |
| Transfeminine Support Group | Sarasota | http://www.swfltranssptgp.org/index.htm | 1608 Oak Street 941-366-3134 | 1 st Saturday of each month; call to speak with Dr. Mary Davenport to discuss group before attending |
| Transmasculine Support Group | Sarasota | http://www.swfltranssptgp.org/index.htm | 1530 Cross Street 941-840-0878 Heather.d.eslien@gmail.com | 2 nd Saturday of each month; call or email to speak with Heather Eslien, LMHC to discuss group before attending |
| Trans* Support Network of West Central Florida Recommended by Equality FL | St. Petersburg | https://tinyurl.com/ycnd49yd | 3251 3 rd Ave. N, #125 tsn.information@gmail.com | 3 rd Saturday of every month, 6pm |
| Outside the Binary Recommended by Equality FL | Tampa | https://tinyurl.com/4tzy68uw | 1441 E Fletcher Ave, #101 813-232-3808 | 1 st and 3 rd Thursdays of each month |
| Positive Impact Recommended by Equality FL | Tampa | https://tinyurl.com/y9jpelt6 | 1315 E 7 th Ave. 727-201-4925 | Wednesday at 5pm and Thursdays at 7pm; for gay, bi, and trans individuals with HIV |
| ALSO Youth | Venice, Sarasota | https://tinyurl.com/93b4tpvr | Venice: 1775 E Venice Ave. Sarasota: 1470 Blvd of the Arts, 941-951-2576 | For individuals 13-21; Venice: Drop-in center hours Fridays 2-5:45; Sarasota schedule here: https://tinyurl.com/ybyd2szz |
| Different Drummer Family Group Offered by SunServe | Wilton Manors | https://tinyurl.com/y6q553y2 | 2312 Wilton Dr. 954-764-5150 | Thursdays at 7pm |
| Safe "T" Trans/Gender Non-conforming Group Offered by SunServe | Wilton Manors | https://tinyurl.com/y6q553y2 | 2312 Wilton Dr. 954-764-5150 | Wednesdays at 6:30pm |
| Transmasculine Support Group Offered by SunServe | Wilton Manors | https://tinyurl.com/y6q553y2 | 2312 Wilton Dr. 954-764-5150 | 1 st Wednesday of each month, 6:30pm |

Surgeons

| Provider | Location(s) | Website | Contact Info | Additional Info |
|--|--------------|--|---|---|
| Dr. Charles Garramone Recommended by Trans Healthcare and My Trans Health | Davie | www.drgarramone.com | 4725 Volunteer Rd., #202 954-752-7842 | Medical practice exclusively focuses on serving trans community; only serves transmen and non-binary individuals ; will help clients to get out-of-pocket costs reimbursed, but doesn't bill insurance directly; only provides top surgery and body sculpting surgeries |
| Dr. Drew Schnitt Recommended by Trans Healthcare | Delray Beach | https://tinyurl.com/ya2co76e | 1010 S Federal Hwy., #1010 855-467-7473 | Only provides facial and top surgeries ; will help clients to get out-of-pocket costs reimbursed, but doesn't bill insurance directly |
| Dr. Timothy Alexander | Hollywood | www.transurgeryflorida.com | 3862 Sheridan St., Ste. A 954-589-0722 | Provides top surgeries only ; will help clients to get out-of-pocket costs reimbursed, but doesn't bill insurance directly; uses WPATH standards |
| Dr. Vartan Mardirossian Recommended by Trans Healthcare | Jupiter | https://tinyurl.com/tq2fexx | 600 Heritage Dr., #220 561-624-0900 | Only provides facial feminization procedures |
| Dr. Rian Maercks | Miami | https://tinyurl.com/y7dv689y | 4500 Biscayne Blvd., #104 305-328-8256 | Only provides feminizing surgeries , will help clients to get out-of-pocket costs reimbursed, but doesn't bill insurance directly |
| Dr. Josef Hadeed Recommended by an FGCU student | Miami | https://tinyurl.com/5ackn7h2 | 1330 Coral Wat, #306, 310-896-4381 | Provides top, bottom, and facial procedures; will help clients work with insurance company to get coverage, accepts some health insurance plans; only in Miami in the fall and winter ; uses WPATH standards |
| Dr. Jessica Vaught Recommended by Equality FL | Orlando | https://tinyurl.com/ya8q5u6m | 21 W Columbia St., #101 321-841-6060 | Performs hysterectomies for transmen only ; accepts most private and Medicaid insurances |
| Dr. Russell Sassani at Take Shape Plastic Surgery Center Recommended by Trans Healthcare | Plantation | https://tinyurl.com/y83f46v8 | 4161 NW 5 th St., #100 954-585-3800 | Only provides facial and top surgeries ; accepts Aetna, Humana, United insurances only, all others have to pay out-of-pocket |
| Dr. Dean Davis Recommended by Trans Healthcare | Tampa | https://tinyurl.com/y6weu2nx | 3440 W Dr. MLK Jr Blvd., #101, 813-501-2762 | Provides facial surgeries only , which are rarely covered by insurance |
| Dr. Michael Fountain at Advent Health Medical Group | Tavares | https://tinyurl.com/y3y67wbk | 1210 Waterman Way 352-343-2364 | Accepts most private and Medicaid insurances; performs bottom surgeries only ; requires a letter from PCP giving medical clearance, letter from therapist providing MH clearance, and letter from cardiologist providing clearance for anesthesia, doesn't use WPATH standards |

Survivors of Discrimination and Harassment Resources

| Provider | Location(s) | Website | Contact Info | Additional Info |
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| Office of Institutional Equity and Compliance (includes Title IX Office) | On-campus | www.fgcu.edu/oiec | 114 Edwards Hall 239-745-4366 | FGCU does not allow discrimination based on gender identity/expression or sexual |

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| | | | Online complaint form: https://tinyurl.com/susjnd9 (ANONYMOUS reporting available in online form) | orientation; read more about FGCU’s policies and legal statutes: https://tinyurl.com/rtay2ct Director/Title IX Coordinator: Precious Gunter |
| Equality Florida | Statewide | https://tinyurl.com/txn5sst | https://www.eqfl.org/contact (online contact form) | Civil rights, educational, and advocacy organization |
| Transgender Law Center | Nationwide | transgenderlawcenter.org/ | 510-587-9696 | “TLC is the largest national trans0led organization advocating self-determination for all people. Grounded in legal expertise and committed to racial justice, TLC employs a variety of community-driven strategies to keep transgender and gender nonconforming people alive, thriving, and fighting for liberation.” |

Therapists

| Provider | Location(s) | Website | Contact Info | Additional Info |
|---|-----------------------------------|--|--|---|
| Florida Gulf Coast University Counseling and Psychological Services (multiple providers) | Campus | www.fgcu.edu/caps | 10501 FGCU Blvd. S 239-590-7950 | Must be a current FGCU student ; <u>some therapists can conduct assessments for support letters for gender confirmation medical services</u> ; Rainbow Eagles support group and psychiatry |
| Corvette Savage, LMFT Southwest Florida Counseling Center | Fort Myers | www.swfcc.net | 1777 Tamiami Trail, # 201 941-249-4354 | Will provide support letters for those seeking gender confirmation medical services; accepts private and medicare/medicaid insurances. |
| Laura Copeland Streyffeler, PhD Recommended by Visuality FL | Fort Myers | www.drlauracounseling.com | 2204 Brevard Ave. 239-822-1699 | Decades of experience with transgender community, especially victims of sexual assault and domestic violence; provides letters for gender confirmation medical services; does not accept insurance. Sliding scale for students (not below \$100/session). |
| Kathy Lowry and Eva Smidova at Inner Belief Outer Strength Counseling | Cape Coral | http://iboscounseling.com | 2503 Del Prado Blvd. S, #410A 239-443-6385 | Two listed providers are Certified Transgender Care Therapists; accept private insurance and will work with out of network reimbursement; will provide support letters for those seeking gender confirmation medical services. |
| Lawrence Levy, PsyD Recommended by Southern Equality | Boca Raton | www.levypsychology.com | 398 Camino Gardens Blvd., #207 561-210-5125 | Provides letters for gender confirmation medical services; accepts Medicare and some private; willing to do a sliding fee for students. |
| Anagloria Mora, PhD, LMHC, CCS Recommended by Southern Equality | Lake Placid and Distance Services | https://tinyurl.com/sc38q54 | 6861 SW 51 st St. 305-333-2263 | Provides letters for gender confirmation medical services using WPATH guidelines; does not accept any insurance plan, but does work on a sliding fee scale; speaks Spanish |
| Alliance for GLBTQ Youth Recommended by My Trans Health | North Miami | https://tinyurl.com/ydad57jo | 1175 NE 125th Street, #510 305-899-8087 | Offers group/individual therapy and social and leadership development opportunities |

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| Lisa Moore, LMHC Recommended by Southern Equality | Orange Park | www.lisajmoorems.com/ | 1732 Kingsley Ave., #1 904-269-2931 | Provides letters for gender confirmation medical services; accepts private insurance and self-pay |
| Mary Davenport, PhD Recommended by Southern Equality | Sarasota & St. Petersburg | http://www.marygdavenportphd.com/ | Sarasota: 1608 Oak Street St. Pete: 227 Colony Point Rd. S., 941-366-3134 | Decades of experience; provides letters for gender confirmation medical services; does not accept insurance, but will work with client on out-of-network reimbursement. |
| Eric Leever, LMHC & Kimberly Carter-Williams, LMHC Recommended by Southern Equality | Stuart | http://leevermhc.com/ | 607 St. Lucie Crescent, #106 772-284-6030 | Provides letters for gender confirmation medical services; accept Medicaid and private insurance. |
| Jamie M. Joseph, PhD Recommended by LBT Health | Weston, Coral Springs | www.jamiemjosephhd.com | Weston: 2893 Executive Park Dr., #107 Coral Springs: 11555 Heron Bay Blvd., #200 954-684-6336 (both locations) | Provides WPATH assessments for clients seeking gender confirmation medical services; does not accept insurance, will work with clients to get out of pocket reimbursement; will do video/phone sessions. |

Trans-Affirming Product Resources (Many are Free)

| Provider | Website | Additional Info |
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| FTM Essentials Recommended by University of Oregon Trans Care Team, SunServe | https://tinyurl.com/y9gyotuk | Free chest binders for individuals <u>24 and under</u> |
| Point of Pride Recommended by University of Oregon Trans Care Team | Free Binders: https://tinyurl.com/yc72i6jw Free Trans Fem Shapewear: https://tinyurl.com/w9p9eo5 | |
| Susan's Place Recommended by University of Oregon Trans Care Team, SunServe | https://tinyurl.com/yasz3em2 | Links for online retailers that sell products specifically for trans, non-binary, and gender expansive folks |

Voice Coaching

| Provider | Location(s) | Website | Contact Info |
|--|-----------------|---|--|
| Nova Southeastern Speech-Language Pathology Clinic Recommended by SunServe | Davie | https://tinyurl.com/y6wgvev9 | 6100 Griffin Rd. 954-678-2273 |
| Evelyn Lerner Grossman, MS, CCC-SLP Recommended by Equality FL, SunServe, LBT Health | Hollywood | https://tinyurl.com/y8vuu8fh | 954-270-7030 EvianLerner@aol.com |
| Dr. Karen Wicklund Recommended by Equality FL, LBT Health | Sarasota, Tampa | https://tinyurl.com/y8v8qqfp | 941-251-6694 wicklund@singershealth.com |
| Marc Mitnick, MS Recommended by Equality FL, SunServe | Wilton Manors | n/a | 2312 Wilton Dr. 954-687-4631 |

Welcoming Places of Worship

| Name | Location | Website | Contact Info |
|---|--------------|--|-------------------------------------|
| All Faiths Unitarian Congregation Recommended by Visuality FL | Fort Myers | www.allfaithsuo.org/ | 2756 McGregor Blvd. 239-226-0900 |
| First Christian Church of Lehigh Acres | Lehigh Acres | n/a | 2803 Lee Blvd. |

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| Recommended by SW FL LGBT Chamber of Commerce | | | 239-369-1272 |
| Fort Myers Congregational United Church of Christ Recommended by Visuality FL | Fort Myers | www.fmcucc.org | 8210 College Pkwy. 239-482-3133 |
| Iona Hope Episcopal Church Recommended by Visuality FL | Fort Myers | www.ionahope.org | 9650 Gladiolus Dr. 239-454-4778 |
| Naples United Church of Christ Recommended by Visuality FL | Naples | www.naplesucc.org/ | 5200 Crayton Rd. 239-261-5469 |
| Redeemer Lutheran Church Recommended by Visuality FL | Fort Myers | www.redeemerfortmyers.org | 3950 Winkler Ave. Ext. 239-274-0145 |
| St. John the Apostle (non-denominational Christian) Recommended by Visuality FL | Fort Myers | http://sjamcc.com/ | 3049 McGregor Blvd. 239-344-0012 |
| Temple Beth El (Reform Judaism) Recommended by Visuality FL | Fort Myers | www.templebethel.com | 16225 Winkler Rd. 239-433-0018 |
| Unitarian Universalist Church of Fort Myers Recommended by Visuality FL | Fort Myers | www.uucfm.org/ | 13411 Shire Lane 239-561-2700 |
| Unitarian Universalist Congregation of Greater Naples Recommended by Visuality FL | Naples | www.uunaples.org/ | 6340 Napa Wood Way 239-455-6553 |
| Unity of Fort Myers (non-denominational Christian) Recommended by Visuality FL | Fort Myers | www.unityoffortmyers.org | 11120 Ranchette Rd. 239-278-1511 |

References for Resources in this Document

| Name | Location | Website |
|---|----------------|---|
| Equality FL | St. Petersburg | www.eqfl.org |
| Gay and Lesbian Medical Association (GLMA) | Washington, DC | www.glma.org |
| LBT Health | South FL | www.lbthealth.org |
| My Trans Health | Miami | www.mytranshealth.com |
| National Center for Transgender Equality | Washington, DC | https://transequality.org/ |
| Southern Equality | Asheville, NC | www.southernequality.org |
| Southwest FL LGBT Chamber of Commerce | Fort Myers | https://tinyurl.com/ycpmchgi |
| SunServe | Wilton Manors | www.sunserve.org |
| Trans Healthcare | Online only | www.transhealthcare.org |
| University of Oregon Counseling Center-Trans Care Team | Eugene, OR | https://tinyurl.com/y8zak6q3 |
| Visuality Florida | Fort Myers | www.ualityflorida.org |