

Wellness InSTALLments

April 2017 — Volume 4, Issue 10

April is
Sexual Assault College Students and Assault
Awareness Month

This Month's Author: Victoria Matthews

Sexual Assault Awareness Events

4/3 - ARISE Movie Night & S(he) Will Fade Performance
5:30-7pm, Edwards Hall 112

4/4 - It's On Us Resource Fair
11am-2pm, Library Lawn

4/4 - Tips Tuesday: What's Consent Got to Do With It?
11am-1pm, Zone 2

4/5 - Healthy Hump Day: Rising Above Rape Culture
12-3pm, In Front of P&W

4/10 - "Just Another Assault" Guest Speaker Bonny Shade
5:30-6:30pm, All Campus
8pm-9pm, Greek Life
Edwards Hall 112



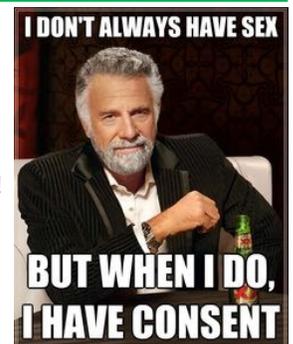
Please see our online calendar for a full, updated schedule



College is a great place to explore intimate relationships, but sexual assault can become a reality for students. **Sexual assault is used to describe a range of forced and unwanted sexual activity, including kissing, exhibitionism, groping and rape.** According to RAINN, 70% survivors know the person who sexually assaulted them, like a friend or acquaintance. The majority of sexual assault incidents go unreported, especially on college campuses, due to the social stigmas experienced by men and women. It's important to understand that rape can still occur between couples and partners. Just because a person consented to intimacy in the past does not mean that it is guaranteed for all future situations. **Consent should always be received before engaging in any sexual activity and should be continuously communicated throughout a sexual encounter.** Just because a person consents to kissing does not mean they consent to intercourse. Know that consent can be revoked at ANY time; even if you are currently engaged in sex!

Sexual Assault Quiz: True or False?

- ◇ **One in 5 women and one in 16 men are sexually assaulted while in college?**
TRUE: Sexual assault is more common than you think and it affects men, as well as women. Learn about available resources!
- ◇ **It is not rape if the two of you have had sex before.**
FALSE: It doesn't matter if the two of you are dating or even married. If your partner does not (or cannot) consent, it's rape.
- ◇ **S(he) Will Fade is an organization on campus that collects stories from survivors of sexual trauma?**
TRUE: S(he) Will Fade has been traveling the nation since 2013 collecting stories that inspire art, catalyze their activism and educate audiences.
- ◇ **Sexual assault is about sexual attraction and the need to have sex with a person.**
FALSE: Sexual assault is more about control, violence, and anger. Rarely is assault associated with any kind of sexual attraction.



WELLNESS TIP

Consent is voluntary and mutual, and can be withdrawn at any time. If it's not an *enthusiastic* YES, then it's an automatic NO!

Question of the Month

What percentage of sexual assault cases are committed by someone known to the victim?

Email us at pws@fgcu.edu with the correct answer to enter into a drawing for \$10 of Eagle Dollars!

ARISE & Other Resources

The mission of Assault and Rape Information, Support and Education (ARISE) is to provide resources to those impacted by sexual violence and to provide education to the FGCU community. Visit www.fgcu.edu/arise for more information on where to go for help and how to support a survivor. Additional resources include:

- FGCU Office of Institutional Equity & Compliance ◇ (239) 745-4366
- Florida Council Against Sexual Violence ◇ 1-888-956-RAPE (7273)
- Abuse, Counseling and Treatment of Fort Myers ◇ (239) 939-3112
- National Sexual Assault Hotline ◇ 1-800-656-HOPE
- Not Alone ◇ www.notalone.gov



PEERS CARE
Educate. Engage. Empower.

Prevention & Wellness, 1st floor of Howard Hall. Find our InSTALLments online: www.fgcu.edu/wellness/installments.html